

Stigma Indicators Monitoring Project

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Background

- National BBV/STI Strategies
 - "Eliminate the negative impact of stigma, discrimination, and legal and human rights issues on people's health"
- Stigma Indicators Monitoring Project
 - Funded by Australian Government Department of Health
 - Develop indicator of stigma among priority groups identified by National Strategies
 - Gay, bisexual and other men who have sex with men
 - People who inject drugs
 - People living with HIV
 - People living with hepatitis B or hepatitis C
 - People who engage in sex work



Stigma Indicator

In the last 12 months, have you experienced any stigma or discrimination (e.g., avoidance, pity, blame, shame, rejection, verbal abuse, bullying) in relation to your:

| | Never | Rarely | Sometimes | Often | Always |
|----------------------------------|-------|--------|-----------|-------|--------|
| Sexual orientation | | | | | |
| Injecting drug use | | | | | |
| HIV status | | | | | |
| Hepatitis B status | | | | | |
| Hepatitis C status | | | | | |
| Sex work | | | | | |
| Sexually transmissible infection | | | | | |

Mirrored indicator: Would you behave negatively towards other people because of their...?



Additional item

In the last 12 months, to what extent do you agree that the following occurred in relation to your [HIV / injecting drug use / hepatitis C / sexual orientation / STI / sex work]

| | Never | Rarely | Sometimes | Often | Always |
|--|-------|--------|-----------|-------|--------|
| Health workers treated me negatively or different to other people | | | | | |



Methods

| Population | Phase 1 (2016) | | Phase 2 (2018) | | Phase 3 (2020-22) | |
|-----------------------------------|---|------------------|---------------------------------------|---------|---|---------|
| General public | N/A | | Australian Survey of Social Attitudes | N=1,001 | Stigma Interventions 1 | N=2,010 |
| Health care workers | Online survey (via ASHM) | N=353 | Online survey | N=551 | Stigma Interventions 2 | N=907 |
| People living with HIV | Online survey | N=181 | HIV Futures 9 (ARCSHS, La Trobe) | N=847 | <i>HIV Futures 10</i> (ARCSHS, La Trobe) | N=816 |
| Men who have sex with men | <i>Telling</i> survey (Kirby Institute) | N=339 | Online survey | N=1,280 | Online survey | N=1,114 |
| People who inject drugs | Online survey Australian NSP survey (Kirby Institute) | N=127 N=2,060 | Paper survey (via AIVL) | N=603 | Paper / Online survey (via AIVL) | N=731 |
| People living with hepatitis C | Online survey | N=123 | Online survey | N=68 | Paper / Online survey (via AIVL) | N=300 |
| People with STIs | N/A | | <i>Debrief</i> survey (CSRH) | N=2,303 | <i>Debrief</i> survey (CSRH) | N=2,998 |
| Sex workers | N/A | | N/A | | Online survey | N=659 |



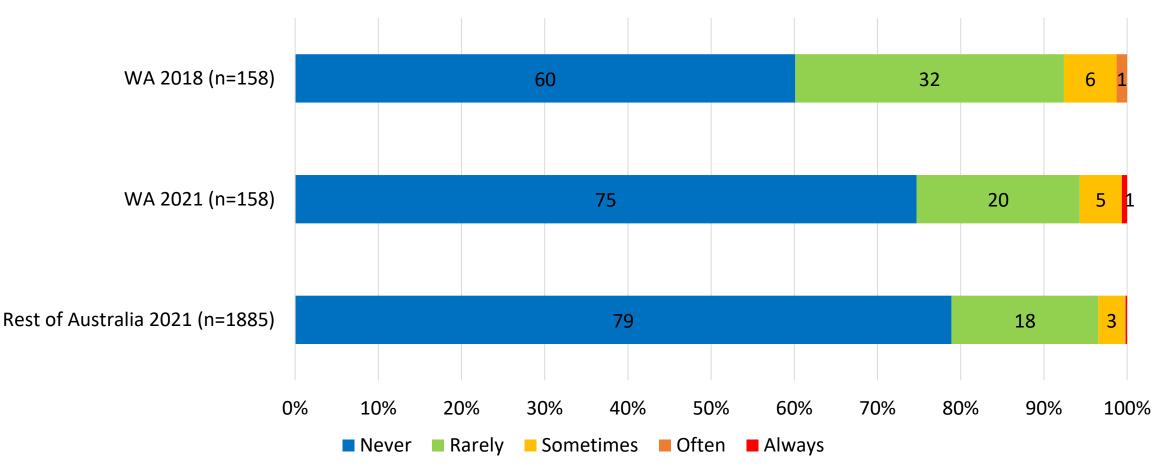
| | Western Australia (n=207) | Rest of Australia (n=2,627) |
|---|------------------------------|--------------------------------|
| Gender: | | |
| Male | 39% | 39% |
| Female | 59% | 57% |
| Non-binary | 2% | 3% |
| Different term | 0% | 1% |
| Age (mean) | 23.6 years | 23.8 years |
| Aboriginal or Torres Strait Islander | 2.0% | 1.4% |
| Region:* | | |
| Capital city | 73% | 63% |
| Major regional centre | 14% | 20% |
| Smaller city/town | 10% | 13% |
| Rural area | 2% | 4% |



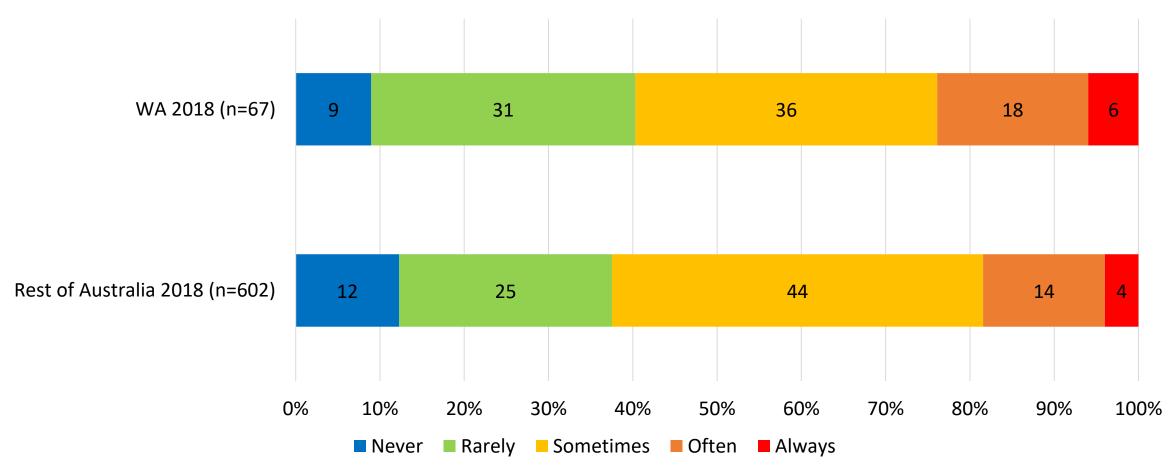
| | Western Australia (n=207) | Rest of Australia (n=2,627) |
|------------------------------------|------------------------------|--------------------------------|
| Sexuality: | | |
| Heterosexual | 54% | 54% |
| Bisexual/Pansexual | 24% | 25% |
| Bicurious | 12% | 12% |
| Gay | 8% | 12% |
| Queer | 8% | 8% |
| Asexual* | 5% | 2% |
| Lesbian | 4% | 3% |
| Unsure | 6% | 6% |
| Diagnosed with STI in past year | 17% | 19% |



Would you behave negatively towards other people because of their STI?



If you ever had an STI, do you think you would experience stigma or discrimination?



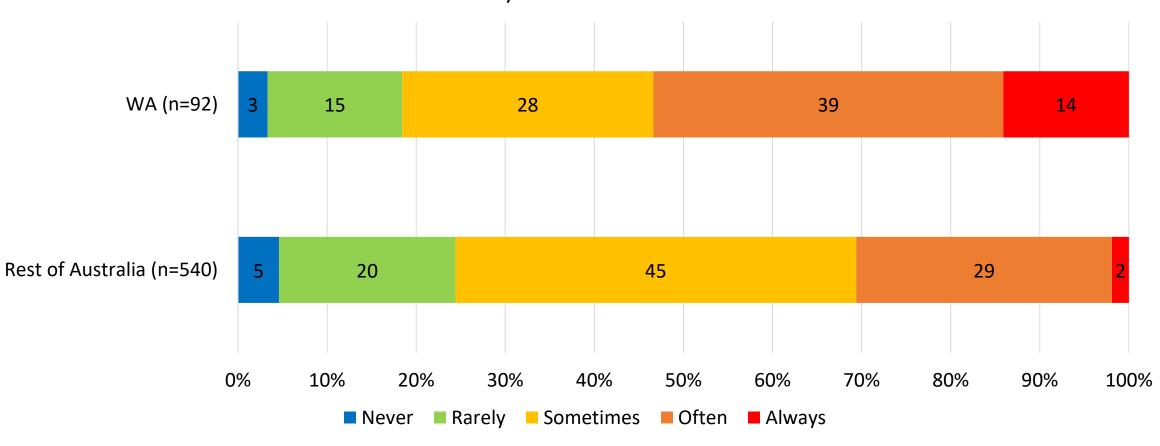
| | Western Australia (n=93) | Rest of Australia (n=553) |
|---|-----------------------------|------------------------------|
| Gender: | | |
| Female | 84% | 90% |
| Male | 15% | 7% |
| Nonbinary | 1% | 3% |
| Different term | 0 | 1% |
| Age:* | | |
| 18-25 years | 15% | 21% |
| 26-35 years | 52% | 61% |
| 36-45 years | 32% | 15% |
| 46-55 years | 1% | 2% |
| Over 55 years | 0 | 1% |
| Aboriginal or Torres Strait Islander | 51% | 56% |



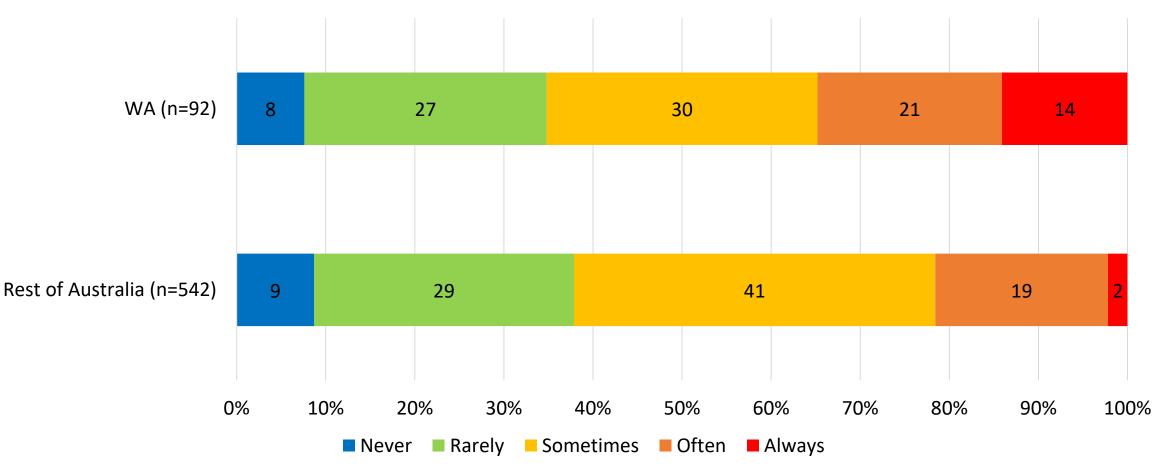
| | Western Australia (n=93) | Rest of Australia (n=553) |
|----------------------------------|-----------------------------|------------------------------|
| Sexuality:* | | |
| Heterosexual | 40% | 62% |
| Bisexual | 40% | 20% |
| Queer | 9% | 5% |
| Pansexual | 4% | 3% |
| Lesbian | 3% | 7% |
| Gay | 3% | 3% |
| Different term | 1% | 1% |
| Time in Australian sex industry: | | |
| Less than 1 year | 4% | 3% |
| 1-2 years | 24% | 23% |
| 3-5 years | 47% | 53% |
| 6-10 years | 20% | 15% |
| More than 10 years | 4% | 6% |



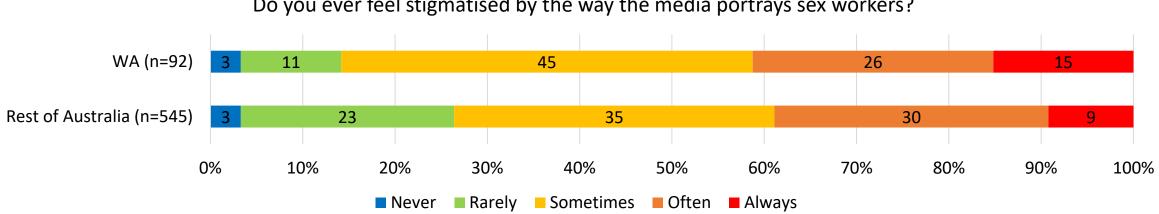
In the last 12 months, have you experienced any stigma or discrimination in relation to your sex work?



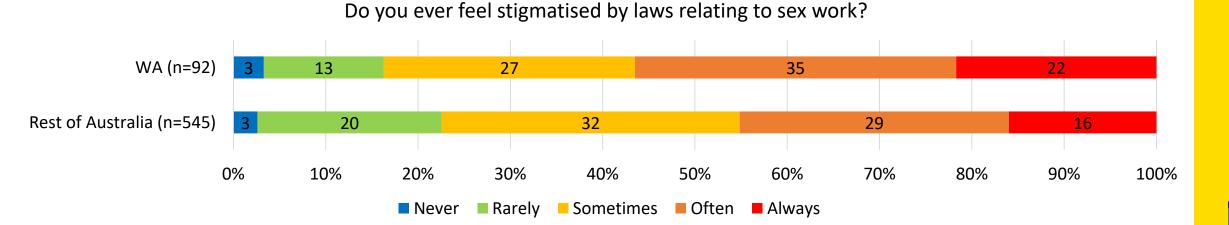
Health workers treated me negatively or differently to other people



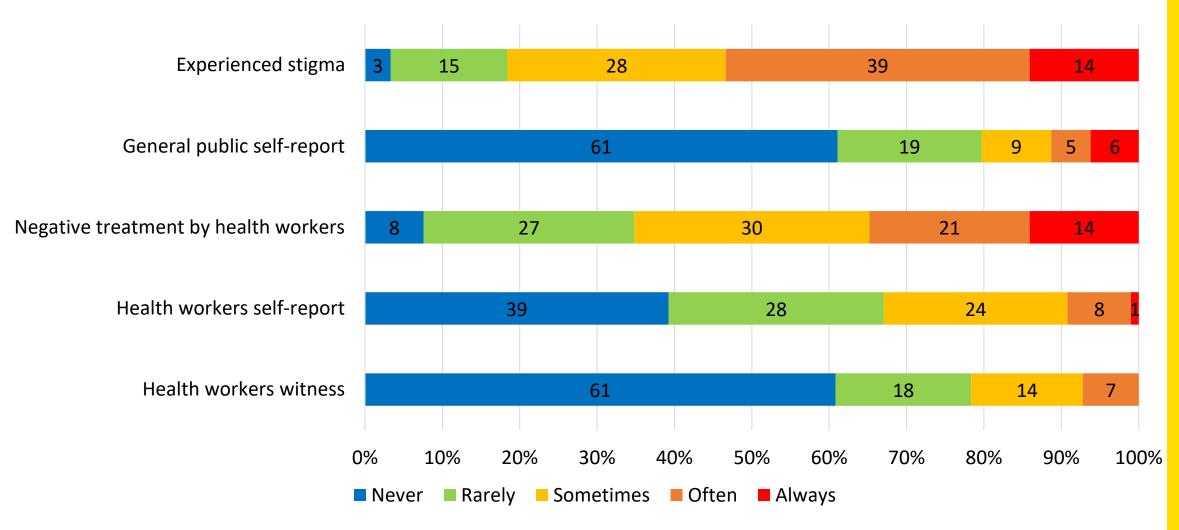
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Do you ever feel stigmatised by the way the media portrays sex workers?



Sex workers in WA



UNSW

Next steps

- Stigma Indicators Monitoring Project
 - Next sex worker survey: November 2022
 - Next *Debrief* survey: 2023
- Expanding into stigma interventions
- Stigma Short Course launching September 2022
 - "Understanding and reducing stigma for effective and equitable health care"

Publications

Summary reports: CSRH website (<u>http://bit.ly/stigma_indicators</u>)

Recent journal articles:

- Brener, L., Broady, T., Cama, E., & Treloar, C. (2022). The impact of sources of stigma on health care avoidance among gay and bisexual men in Australia. *AIDS Care*.
- Treloar, C., Cama, E., Lancaster, K., Brener, L., Broady, T. R., Cogle, A., & O'Donnell, D. (2022). A universal precautions approach to reducing stigma in health care: getting beyond HIV-specific stigma. *Harm Reduction Journal, 19*(1), 74.
- Brener, L., Caruana, T., Broady, T., Cama, E., Ezard, N., Madden, A., & Treloar, C. (2022). Addressing injecting related risks among people who inject both opioids and stimulants: Findings from an Australian survey of people who inject drugs. Addictive Behaviors Reports, 15, 100398.
- Brener, L., Cama, E., Broady, T., Hopwood, M., & Treloar, C. (2022). Comparing Australian health worker and student attitudes and concerns about providing care to people living with hepatitis B. *Health Promotion Journal of Australia, 33*(1), 282-288.
- Cama, E., Brener, L., Broady, T., Hopwood, M., & Treloar, C. (2021). Australian health and medical workers' concerns around providing care to people living with hepatitis B. *Health & Social Care in the Community, 29*(6), e431-e439.
- Broady, T. R., Brener, L., Vuong, T., Cama, E., & Treloar, C. (2021). Online interventions to reduce stigma towards population groups affected by blood borne viruses in Australia. *International Journal of Drug Policy, 96*, 103292.
- Brener, L., Broady, T., Cama, E., Hopwood, M., Byrne, J., & Treloar, C. (2021). Positive effects of community attachment on internalised stigma and wellbeing among people who inject drugs. *International Journal of Drug Policy*, *97*, 103323.

