Asian gay, bisexual and other MSM Australia: HIVSTI and beyond

Limin Mao



Questionnaire

Mental Health

In Thai, Chinese (simplified & traditional), translation was checked by community members

Examples of variables Themes Socio-economic status; migration-related factors; disability status; religion Demographics and spiritual beliefs **Gender and sexuality** Sexual and gender identities; sexual orientations **Relationship status** Serodiscordant; interracial Safer sex practices; overseas sex; condom failure; non-consensual sex Sexual practices **Testing practices** HIV/STI and hepatitis testing; first test in Australia **Biomedical prevention** Prep, Pep, UDVL Substance uses Illicit drugs, alcohol, smoking Culture and belonging Sense of belonging; community attachment; sexual racism

Kessler Psychological Distress Scale (K6)

N=970

March-June 2021 NSW; Aug-Sept 2021 national

Overseas-born: 67%

China Mainland, HK, TW 22%

SEA 27%

PR/Citizens: 63%

Spoke another language at home: 50%

Mod/fully confident in speaking Eng. 82%



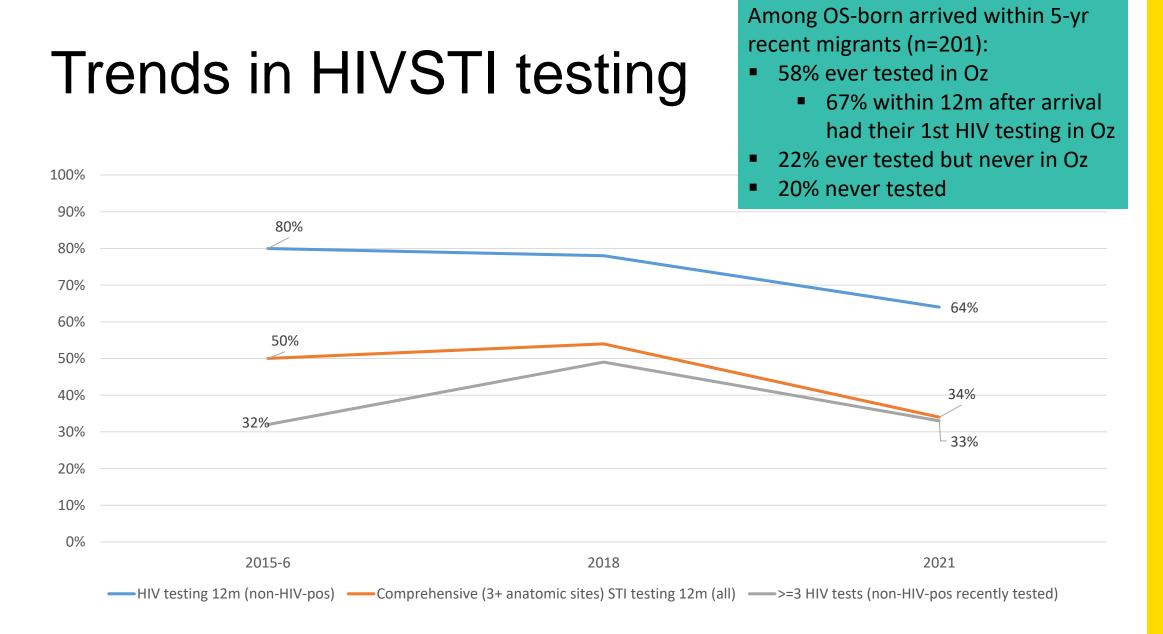
Key clinical findings

- 1. Reduced HIV/STI screening during COVID
- 2. Increased PrEP uptake, associated with language, income & visa status; PrEP sharing common

PrEP diversion (sharing PrEP pills to someone with/without a prescription 6m): 23%

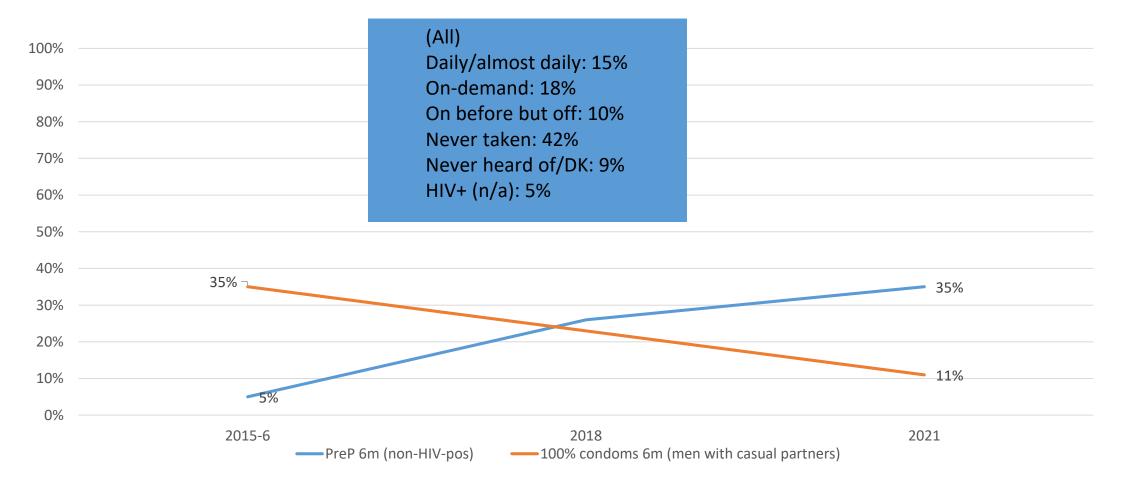
3. HIV self-test: new opportunities?







100% condoms CAI & PrEP (daily/on-demand) use





Who were less likely to use PrEP in the past 6m?



Low confidence in speaking English



Bridging visa holders



Weekly income below \$1500



Key findings on social support, language barriers and health literacy

- 1. Suboptimal knowledge on U=U
- 2. Racism: experiences of race-based rejection/discrimination within 12m Summary (impacting on mental health mostly!):
 - any experiences 89%; >4 types 43%!
 - Any experiences Always/Often 47%; >1 types Always/Often 30%
- 3. Mental health: 25% K6 >=13 indicating risk



Who were more likely to be at risk for MH illness?



Having "always" or "often" experienced racism from members in the general Australian society



Having experienced domestic violence

Earning <500/week (under poverty line)

No LGBTI+ friends in Australia



Key findings on migration & mobility

Transnational ties:

sexual networks,

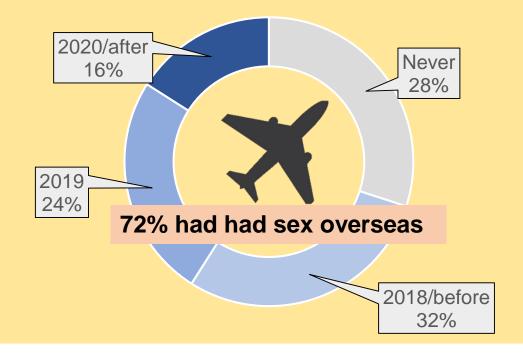
online communication/hook-ups,

domestic & international travel



Transnational sex

When was the last time you had sex outside Australia? (n=970)



Top 3 destinations:





Q&A