

Patient Experience

Clinical Senate
11 December 2015

WA at a glance



23,296
babies were born in a WA
public hospital in 2014



WA males are expected to live
to **81.6** years of age and
females to **85.9** years of age



1,643
deaths in WA
are caused by coronary
heart disease



11,743
people in WA were diagnosed
with cancer in 2013



54.1%
of all potentially preventable
hospitalisations in WA were
due to chronic conditions



23.6%
of 16–24 year olds in WA
consume alcohol at high risk
of short-term harm



9,455
children in WA
are estimated not to live
in a smoke-free home



58.5%
of WA children
do not undertake sufficient
physical activity



27.8%
of adults living in WA
are obese



92.8%
of adults in WA do not eat
two serves of fruit and five
serves of vegetables daily



26%
of 16–24 year olds in WA
experience a mental health
condition each year



74.1%
of Year 8 students were fully
immunised against Human
Papillomavirus during 2014

WA Patient Satisfaction Survey

The survey looks at the key areas of health care that are important. These may include:

- hospital access (including assistance, special aids, parking and signage)
- the support and reassurance received by patients
- the politeness and consideration with which patients were treated
- patients' confidence in the healthcare professionals
- the provision of pain relief
- whether services met the patients' expectations
- health outcomes
- patients' involvement in decisions about their care and treatment
- waiting room amenities
- the quality and quantity of food.

In 2014-15, 8000 people were surveyed of their experience in a general or maternity hospital or attendance at an emergency department or outpatient clinic.

97 % survey participation rate (1490 emergency patients, 4387 admitted patients, 1222 maternity patients, 934 outpatients interviewed).

WA Patient Satisfaction Survey

Satisfaction with aspects of healthcare

Figure 6: Satisfaction with aspects of health care by rank of importance, emergency department patients, 16–74 years, 2014–15

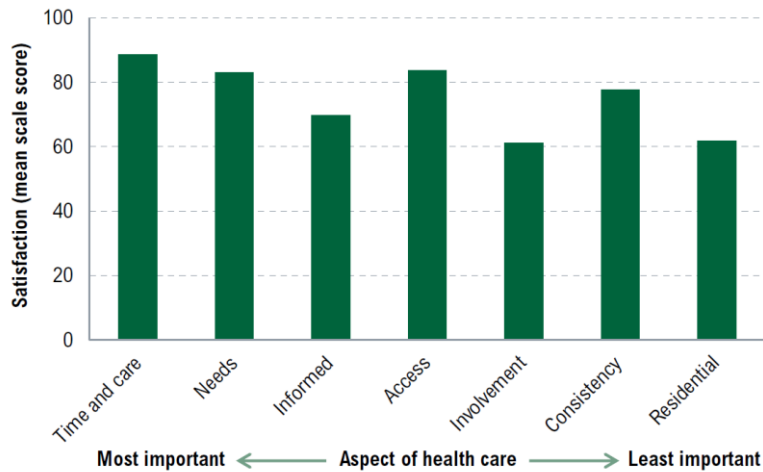


Figure 9: Satisfaction with aspects of health care by rank of importance, outpatients, 16–74 years, 2014–15

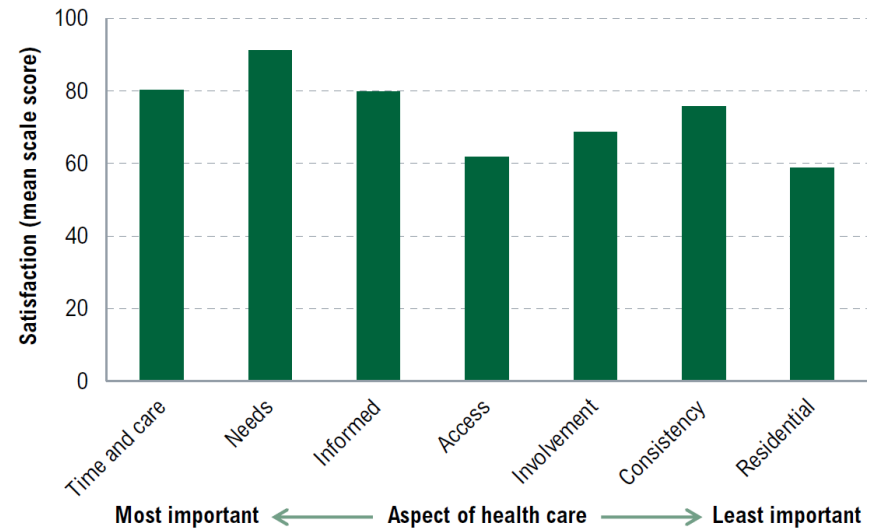
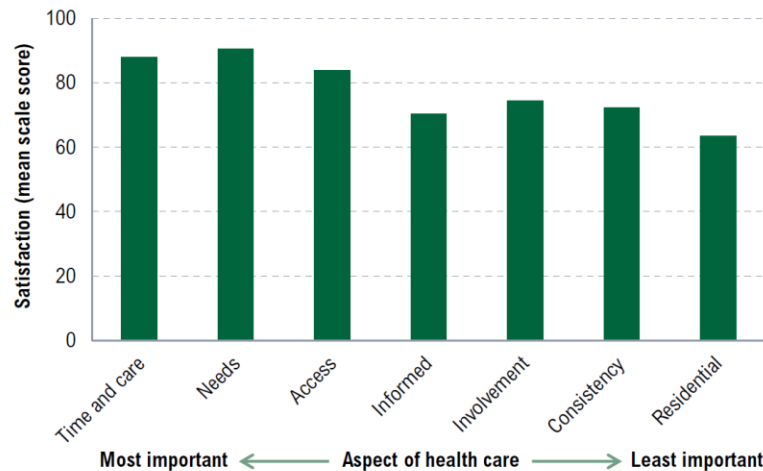
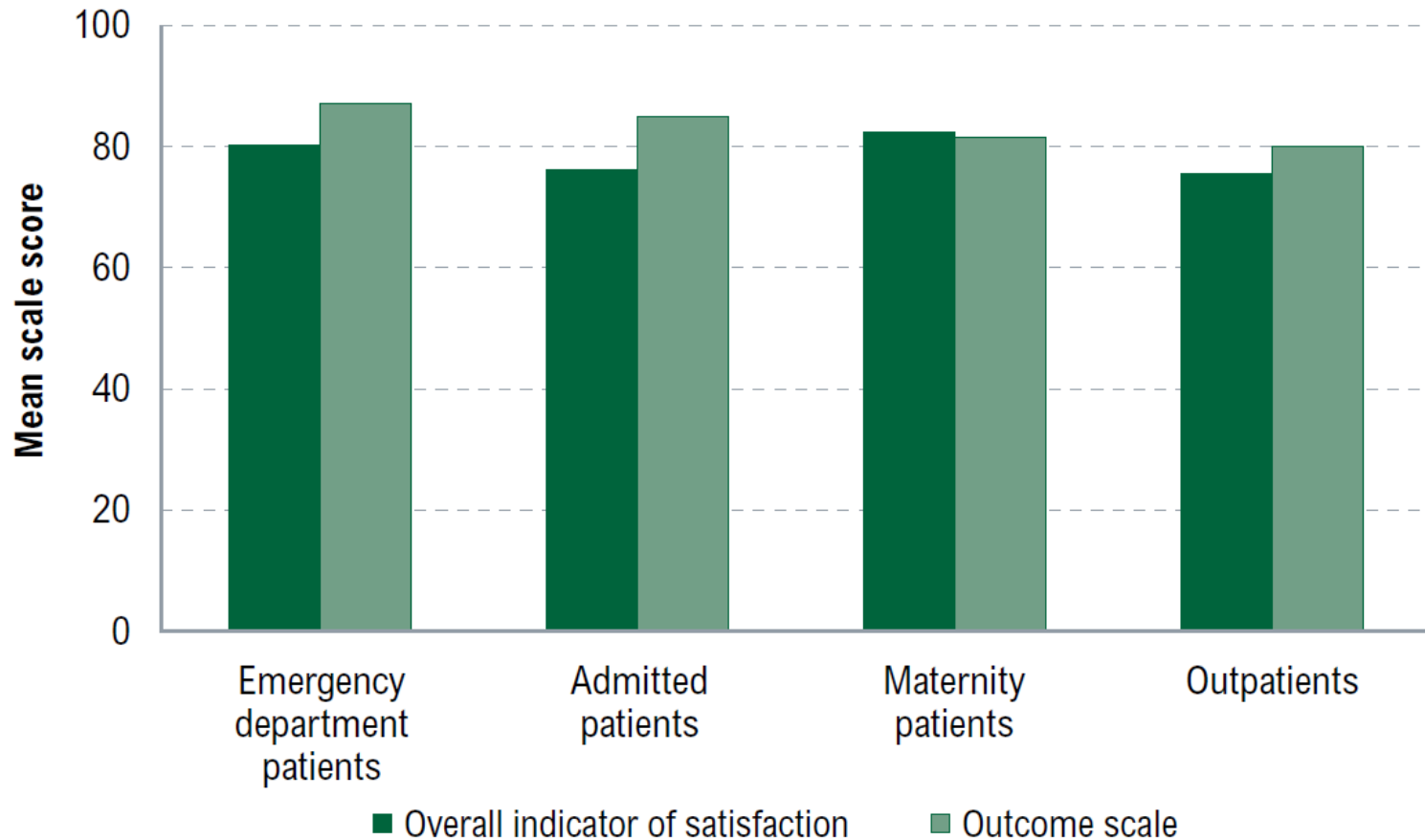


Figure 7: Satisfaction with aspects of health care by rank of importance, admitted patients, 16–74 years, 2014–15



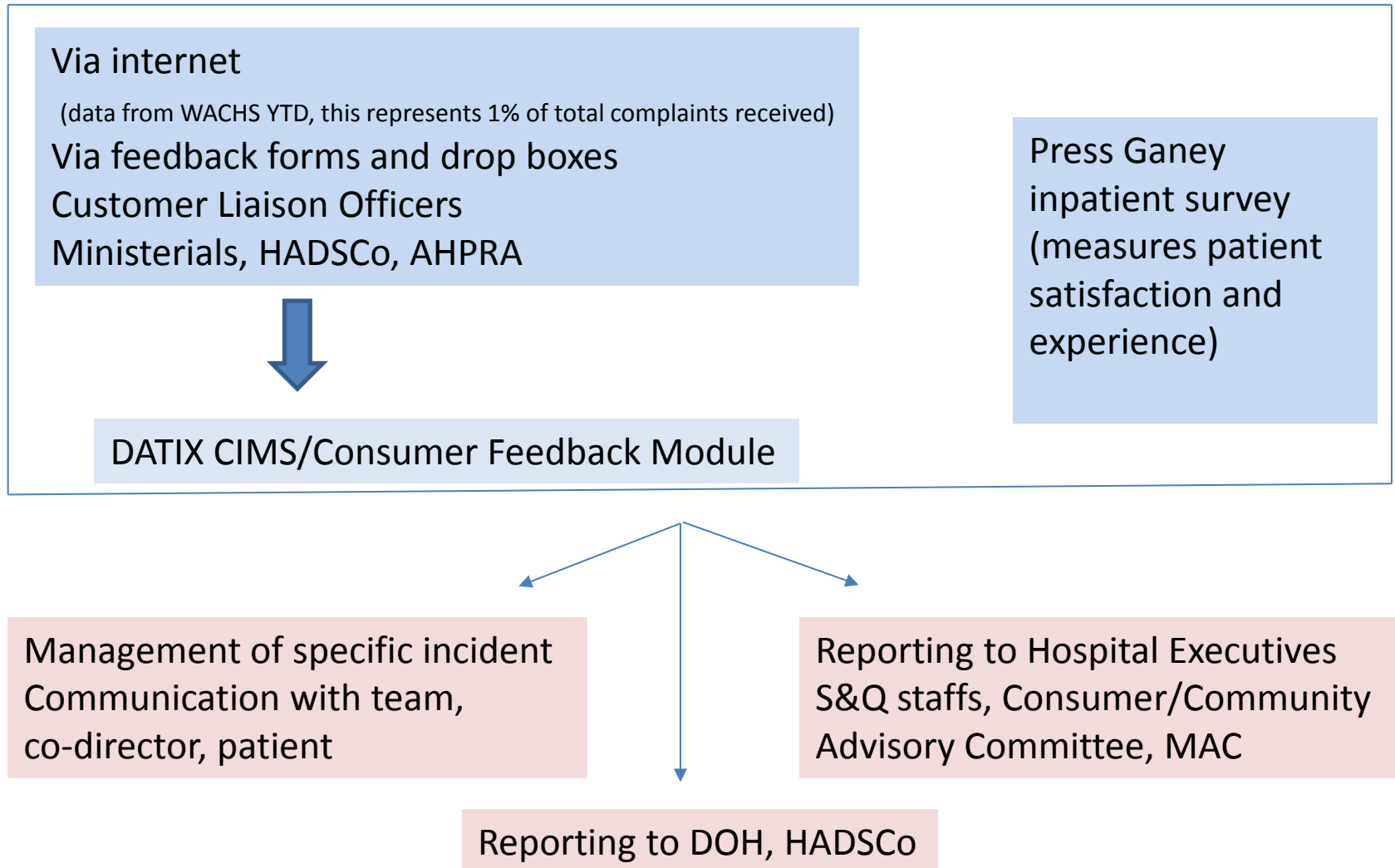
- 1 Access – getting into hospital
- 2 Time and care – the time and attention paid to patient care
- 3 Consistency – continuity of care
- 4 Needs – meeting the patient's personal needs
- 5 Informed – information and communication
- 6 Involvement – involvement in decisions about care and treatment
- 7 Residential – residential aspects of the hospital.

WA Patient Satisfaction Survey



There is a relationship between patients' overall satisfaction with health care and how patients rate the outcome of their hospital visit. Figure 10 shows that emergency department patients, admitted patients and outpatients rated the outcome of their visit higher than their overall indicator of satisfaction. This signifies that although patients were satisfied with their experience in WA hospitals, they were more satisfied with the outcome of their hospital visit and the improvement in their condition.

Consumer feedback



Performance against Standard 2

Jan 2014-Dec 2014

Met with merit	Not met
Consumers/carers involved in health service governance	Consumers/carers actively involved in safety and quality decision making
Health service has mechanisms for engaging consumers/carers in strategic/operational planning	Health service provides orientation and ongoing training for consumers/carers for them to fulfil their partnership role
Consumers/carers feedback on patient information publications	Consumers/carers involved in training clinical workforce
Action taken to incorporate feedback from consumer/carer into publications	Consumers/carers participate in evaluation of patient feedback data
Consumer/carers participate in design and redesign of health services	

Public sites achieving met with merit included Women and Newborn Health Service (2.1.1), Armadale Kelmscott HS (2.1.1, 2.2.1, 2.4.1, 2.5.1), Swan Kalamunda HS (2.4.1, 2.6.2), Rockingham Peel Group (2.1.1)

Summary

- Core elements of standard 2 met but work to address developmental goals needed.
- Patients mostly satisfied with care but we could improve in informing and involving patients in their treatment.
- Less defensive approach to patient feedback.
- Tools to measure patient outcomes.

Other resources:

Procedure specific information sheets
Patient Stories – personal stories and where to get help information



Living with warfarin

Information for patients





MEDICAL GOALS OF CARE (GOC) PLAN

TASMANIAN HEALTH ORGANISATION
 North North West South

PT ID									
FAMILY NAME								D.O.B.	
OTHER NAMES								SEX	
ADDRESS								MARITAL STATUS	
								REL.	

This form is to communicate the medical decision for appropriate treatment goals of care for this patient. Chose A, B, C or D. If changes are made, this form must be crossed through, marked void and a new form completed.

DIAGNOSIS:

NO LIMITATION OF TREATMENT:	Hospital	Community
A. The goal of care is CURATIVE or RESTORATIVE. Treatment aim is PROLONGING LIFE <input type="checkbox"/> For CPR and all appropriate life-sustaining treatments	CODE BLUE	For full resuscitation

LIMITATION OF MEDICAL TREATMENT:
<input type="checkbox"/> Patient has an advanced care directive and / or has requested the following treatment limitations: Please specify:

B. The goal of care is CURATIVE or RESTORATIVE with limitations: <input type="checkbox"/> NOT FOR CPR but is for all respiratory support measures <input type="checkbox"/> NOT FOR CPR or INTUBATION but is for other active management Specific notes:	For CODE BLUE and MET calls For MET calls NOT for CODE BLUE	For treatment and transfer to hospital
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C. The goal of care is PALLIATIVE. Treatment aim is quality of life <input type="checkbox"/> NOT FOR CPR OR INTUBATION Specific notes:	MET call <input type="checkbox"/> YES MET call <input type="checkbox"/> NO	Contact GP planning
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D. The goal of care is COMFORT DURING THE DYING PROCESS <input type="checkbox"/> NOT FOR CPR or INTUBATION	For terminal care NOT for CODE BLUE NOT for MET	
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Reason for limitation of medical treatment:	<input type="checkbox"/> medical grounds	<input type="checkbox"/> patient
Discussed with:	<input type="checkbox"/> patient	<input type="checkbox"/> per:
PRINT DOCTOR'S NAME:	DESIGNATION:	
SIGNATURE:	DATE: DD / MM / YYYY	
GP / consultant responsible: PRINT NAME	GP / consultant informed: <input type="checkbox"/> YES <input type="checkbox"/> NO	

This form is endorsed for ambulance transfer, and for the home or care facility.

Abbreviation key:	CPR = cardio-pulmonary resuscitation	GP = general practitioner	MET = medical emergency team
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GOC

Clinical focus

Goals of care: a clinical framework for limitation of medical treatment

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The three-phase model

Medical decision making is based on determining the GOC for the patient. The patient's situation is assigned to one of three phases of care according to a realistic assessment of the probable outcomes of medical treatment. These phases are clinically defined intentional categories that take heed of, but are quite distinct from, personal goals expressed by patients. Patients can move from one category to another during their illness trajectory. The phases are curative or restorative, palliative, and terminal; they are based on phases that were first described in 1990.² The distinguishing features of each phase are shown in the Box.

The patient assessment is shared with the patient or substitute decisionmaker (SDM) and, if agreed, a GOC plan form is completed and placed in the alerts section of the patient's medical record. A GOC plan is a section for a present condition; it is not the same as an advance directive, which is usually made by a person, in his or her own "voice", to inform medical decision making for future episodes of impaired capacity. Goals are revised in the light of changes in medical condition, and appropriate limitations are then documented on a new form. A GOC plan replaces institutional or community-based not-for-resuscitation (NFR) orders.

We documented GOC plans using an original form (Appendix 1; online at mja.com.au), which has been used at Royal Hobart Hospital for the past 3 years. A second, revised form (Appendix 2; online at mja.com.au)

is now being introduced more widely in Tasmania, after extensive experience and feedback from clinicians, medical records staff and others. It is simpler and has been modified for use in all settings, including homes and nursing homes.

The original developmental work was done in Hobart at the Royal Hobart Hospital completed a Respecting Patient Choices pilot site project in 2008. This project put a sharp focus on decision making at the end of life across the whole hospital community.

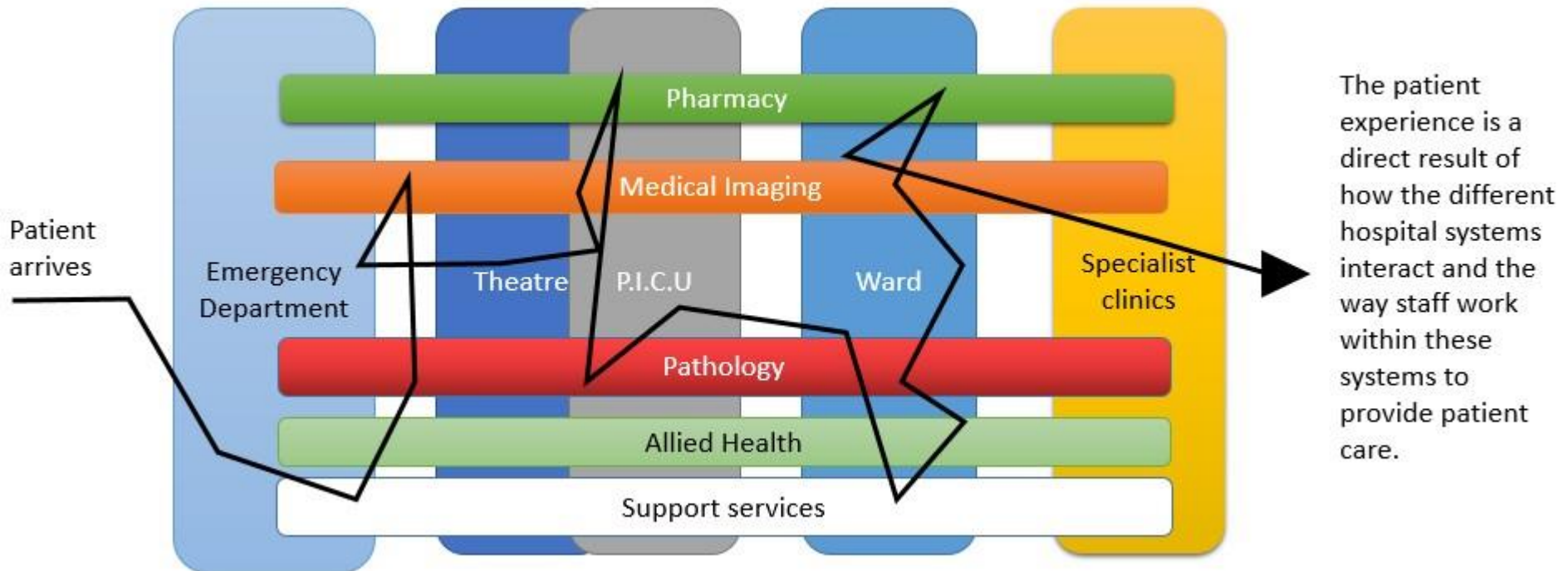
In 2010, a project officer position was created to enable the development of GOC as part of a statewide health-promoting palliative care, this initiative aimed to empower the whole community, including the aged sector, to deal with death in a more direct, open and therefore "healthy" way. Clinical decision making at the end of life was identified as a priority for policy and procedural reform. There were three initial components of the Healthy Dying Initiative: GOC, advance directive redesign and promotion, and encouragement of health-promoting activities relating to death and dying.

The project officer, a non-clinician with extensive experience in community development, helped design the GOC form, develop the policy protocol for

Summary

- A novel clinical framework called "goals of care" (GOC) has been designed as a replacement for not-for-resuscitation orders. The aim is to improve decision making and documentation relating to limitations of medical treatment.
- Clinicians assign a patient's situation to one of three phases of care – curative or restorative, palliative, or terminal – according to an assessment of likely treatment outcomes. This applies to all admitted patients, and the default position is the curative or restorative phase.
- GOC helps identify patients who wish to decline treatments that might otherwise be given, such as treatment with blood products. This includes patients for whom specific limitations apply because of their beliefs.
- GOC has been introduced at Royal Hobart Hospital, Tasmania, and at Northern Health, Melbourne. So far, there have been no reported major incidents or complaints in which GOC has been causally implicated in an adverse outcome.

The patient journey through hospital systems



Please note: The purpose of this diagram is to demonstrate the large number of systems that a patient could pass through on their healthcare journey.

Journey Board

Journey Board is a discharge management tool for health staff. It is a web-based application that allows staff to view patients on a ward and makes it easy to manage their care.

Journey Board provides information on patient referrals, discharge goals and barriers to care.

It supports multidisciplinary care and facilitates referral making. The use of icons, charts and graphs help staff identify patients who need additional care before discharge.

Journey Board was introduced at the following sites:

Digital Medical Record

WA Health has implemented a digital medical record system with eForms capability. Fiona Stanley Hospital, Fremantle Hospital, Princess Margaret Hospital, Swan District Hospital and Busselton Health Campus.

Through BOSSNet clinicians record and produce consistent information. These notes can be read by any site. Reducing duplication will also improve revenue collection and deliver cost savings.

The technology will also be used to store and make available report documents.

WebPAS

WebPAS is a patient administration system which will be progressively introduced across all WA Health sites. It is currently operating in the Southwest and Great Southern regions, Fremantle Hospital, Fiona Stanley Hospital, Princess Margaret Hospital, Swan District Hospital and Kalamunda Hospital.

Introducing a common patient administration system will help standardise business processes and produce consistent information. Clinicians will be able to access information on a patient from any site. Reducing duplication will also improve revenue collection and deliver cost savings.



Continuum of care

- NaCS (Notifications and Clinical Summaries) – capacity to be uploaded to patient's e-health record
- Continuity of medication management – between hospital and community settings
- Telehealth
- Community focused complex care coordination teams

Our challenge

- Providing seamlessness in services within a devolved governance model
- Whose responsibility is it to identify and address gaps?
- How do we ensure responsiveness to addressing barriers to continuity of care?

WA Health Consumer Carer and Community Engagement Framework:

for health services, hospitals and WA Health
following consultation across WA Health



April 2007

Workshop 9 December 2015

- Overwhelming consensus on continued need and work to refresh
- Opportunity to engage across health siloes
- Opportunity to create consistency and standardisation across the system
- Need a shared vision and guiding principles from which action plans can be developed.
- 4th C for the clinician?

Expert Advisory Group

on discrimination, bullying and sexual harassment
Advising the Royal Australasian College of Surgeons

Report to RACS



ROYAL AUSTRALASIAN
COLLEGE OF SURGEONS

Report to the Royal Australasian College of Surgeons

1. EAG Statement

Every patient has a right to expect that their healthcare is uncompromised by discrimination, bullying and sexual harassment in the practice of surgery.

Every surgical Trainee has a right to an education free of discrimination, bullying and sexual harassment.

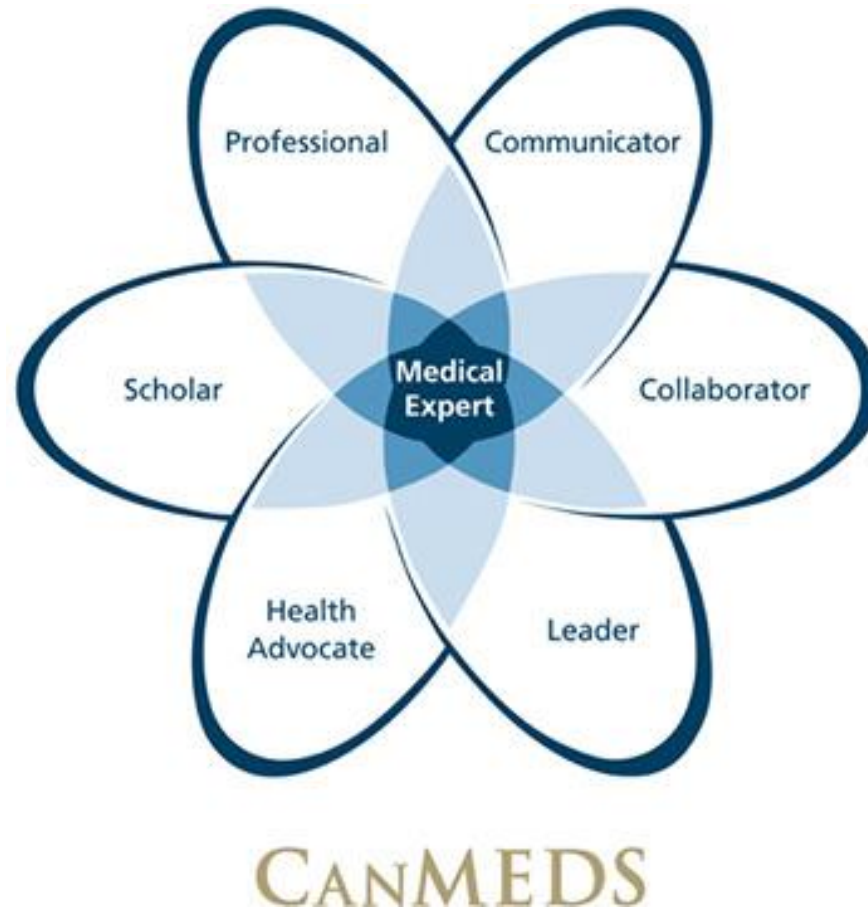
Every International Medical Graduate has a right to be assessed on their merits, free of discrimination, bullying and sexual harassment.

And every healthcare worker – including every surgeon – has a right to a workplace free of discrimination, bullying and sexual harassment.

In this workplace, patient safety is the absolute and common priority. Teams work together effectively, respecting the skills, experience and contribution of each member. The success of surgical teams is measured by the safety of the workplace and training post, and by the extent to which all team members recognise that what they achieve together is more valuable than anything they can achieve on their own.

Workplaces like this exist now in some places in Australia and New Zealand. But they are a long way from the everyday reality of most people involved in the practice of surgery.

- Increasing focus on medical engagement and leadership



- Focus on aptitude and attitude vs competency
- Focus on performance management

PATIENT EXPERIENCE →

QUALITY

← STAFF ENGAGEMENT

The available evidence suggests that measures of patient experience are robust, distinctive indicators of health care quality.

Manary et al, New England Journal of Medicine. 2013⁽¹⁶⁾

Evidence shows that better patient experience scores linked to



Lower readmission rates⁽¹⁾



Lower cost per case⁽²⁾



Shorter length of stay⁽²⁾

Patients with lower anxiety



Feel less pain and their surgical wounds recover more quickly⁽⁷⁾

Good communication improves



Compliance with post discharge instructions⁽³⁾



Safety - patients point out potential adverse effects⁽⁴⁾



Blood pressure⁽⁵⁾



Self management⁽³⁾



Emotional health⁽⁴⁾



Number of complaints. Evidence shows tone-of-voice is key factor in complaint levels⁽⁶⁾



Variation between hospitals in patient perception of quality of care is driven 91% by human factors⁽¹⁸⁾

There is a clear relationship between the wellbeing of staff and patients' wellbeing

Boorman, 2009, Kings Fund 2012⁽¹⁷⁾



A **5% increase** in staff working in 'real teams' associated with a **3.3% drop** in mortality rates⁽¹²⁾ Equivalent to **40 people per year** in average hospital.

Hospitals with higher staff engagement have



Lower mortality⁽⁸⁾



Fewer hospital acquired infections⁽⁹⁾



Better outcomes⁽⁸⁾



Significantly fewer mistakes⁽¹⁰⁾



In the most successful teams people get 5 times more appreciative comments about their work than critical comments⁽²⁰⁾



Rudeness between staff in hospitals, reduces cognitive function, and increases the likelihood of safety incidents⁽¹³⁾



Hospitals with higher levels of staff engagement deliver a better patient experience⁽¹⁹⁾