Donning and doffing in healthcare settings

Donning PPE

(Before entering the patient room)



Hand hygiene

- Remove jewellery Ensure bare below the elbows
- Perform hand hygiene



Fitting gown

- Put the gown on so that your front and arms are fully covered and gown opening is at the back
- Fasten ties at the neck and at the back



Apply and fit mask – surgical mask for droplet precautions

Metal band fitted across bridge of nose



PFR for airborne precaution

 If PFR required (N95/P2) perform fit check



Fitting goggles or face shield

- Position goggles over eyes or face shield over face
- Adjust if necessary



Hand hygiene

Perform hand hygiene



Fit gloves over cuff of gown

 Fit gloves, adjusting at the cuffs

Text courtesy of the Australian Government Department of Health

Doffing PPE

(remove gown and gloves at doorway, mask and eyewear in anteroom or outside room)

Step 1

Removing and disposing of gloves









- · Remove by gripping at cuffs
- Immediately dispose of gloves in appropriate waste
- Perform hand hygiene

Step 2

Removing and disposing of gown







- · With clean hands untie gown
- Touching only the inside of the gown, pull from neck and shoulders, then arms, turning inside out as gown is removed
- Roll gown into bundle and disgard in appropriate waste
- Perform hand hygiene

Step 3

Removing and disposing of goggles/ faceshield



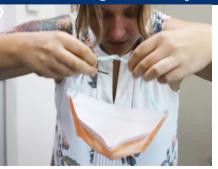




- · Remove eyewear by handling sides or back only
- · Discard or reprocess with disinfectant wipes, store dry
- Perform hand hygiene

Step 4

Removing and disposing of mask





- Remove mask by only handling at ties, then disgard in appropriate waste
- Perform hand hygiene