Healthy Options WA
MAKING HEALTHY CHOICES EASIER

Compliant retail outlet

**Green Meal Deal**
Fresh fruit salad with every Margherita Pizza

**Food warmer**
1. Margherita pizza
2. Pasta
3. Toasted sandwich
4. Jacket potato
5. Lean meat burrito
6. Pie

**Chilled cabinet**
1. Sushi packs
2-3. Sandwiches and salad rolls
4. Banana bread
5. Chocolate chip muffins

**Food warmer**
1. Margherita pizza
2. Pasta
3. Toasted sandwich
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5. Lean meat burrito
6. Pie

**Double door fridge**
1-4. Water – unflavoured
5. Sparkling water
6. Flavoured water
7. Flavoured milk 300mL
8. Flavoured milk 500mL
9. 99% fruit juice 300mL
10. Diet soft drink

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**Hot food display**
1. Lean chicken stir-fry
2. Roasted vegetables (one tray)
3. Pre-made frittata
4. Nachos with sour cream

**Single door fridge**
1. Fruit salad
2. Yoghurt
3. Cheese and crackers
4. Dips and crackers
5. Confectionery

**Shelf/stand display**
1. Plain popcorn
2. Unsalted nuts
3. Whole-grain crackers
4. Popcorn and legume snacks
5. Chocolate coated muesli bars and potato chips

Food and drinks are classified according to the Healthy Options WA: Making Healthy Choices Easier: How to Classify Food and Drinks Guide.

Adapted from Healthy Food and Drink in NSW Health Facilities for Staff and Visitors Framework 2017.