Information for clinical teams attending to guests who are undergoing 14 day quarantine in hotels and other accommodation

This document provides information for clinical teams (including doctors, nurses, social workers, pathology) providing daily checks and other routine healthcare to returned travellers and other individuals being accommodated in hotels and other accommodation as part of the 14-day quarantine requirements.

General guidance

If a person in 14 day quarantine requires medical attention for any reason (including symptoms compatible with COVID-19 or any other illness/injury) they are requested:

- To telephone the hotel healthcare team on the direct line given to the guest at or soon after check-in or telephone the hotel/accommodation reception
- If they experience severe symptoms or are having a medical emergency, to call 000 and advise the operator that they are in isolation because of COVID-19 risk.
- To telephone the WA Coronavirus hotline 13 COVID (13 26843)

All persons in quarantine must be treated as potentially infectious. Clinical staff who attend a person in quarantine must provide a surgical mask to that person and other persons in the room who are also in quarantine.

Standard precautions and COVID safe practices such as hand hygiene, physical distancing use of personal protective equipment (PPE) and cough/respiratory etiquette should be implemented for all persons regardless of known COVID-19 status.

Physical distancing of 1.5m must be observed at all times, except when unavoidable e.g. during a physical examination.

In the event of a hotel/accommodation guest requiring assistance (i.e. after a fall), hotel/accommodation and/or security staff must not be asked to provide any physical assistance. The hotel/accommodation or security staff can be asked to contact emergency services for help if required. Security staff must wear PPE and position themselves outside the guest room, at least 1.5m from the room entry and the guest door should be propped open using a door stop.
Queries and questions from hotel or security staff regarding issues such as waste and laundry management should be referred to the State Health Incident Command Centre (SHICC)
SHICC.covidoperations@health.wa.gov.au

Transmission based precautions

Contact and droplet precautions will be used for the routine care of all persons in quarantine or with suspected or confirmed COVID-19 infection.

Contact and airborne precautions will be used when performing aerosol generating procedures (AGPs) i.e. cardiopulmonary resuscitation, bag and mask ventilation.

Personal Protective Equipment (PPE) requirements

<table>
<thead>
<tr>
<th>Contact and droplet precautions</th>
<th>Contact and airborne precautions</th>
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<tbody>
<tr>
<td>• disposable gloves</td>
<td>• disposable gloves</td>
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<tr>
<td>• fluid resistant gown</td>
<td>• fluid resistant gown</td>
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<tr>
<td>• surgical mask</td>
<td>• P2/N95 mask (fit checked)</td>
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<tr>
<td>• protective eyewear/visor</td>
<td>• protective eyewear</td>
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When visiting a guest, PPE should be donned and doffed outside the guest’s room. Separate areas are required for donning and doffing to avoid contamination. A lined general waste bin must be provided for discarding PPE. Discarded PPE does not need to be disposed of as clinical waste. Access to alcohol-based hand rub (ABHR) is essential during the donning and doffing process.

Sequence for donning and doffing PPE

**Donning PPE**
- Perform hand hygiene
- Gown
- Mask
- Protective eyewear/visor
- Gloves

**Doffing PPE**
- Gloves
- Perform hand hygiene
- Gown/apron
- Perform hand hygiene
- Protective eyewear/visor
- Perform hand hygiene
- Mask
- Perform hand hygiene

Please see link below for PPE donning and doffing video and PPE donning and doffing poster.


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This document can be made available in alternative formats on request for a person with disability.

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