Virus Watch

Week ending 18th October 2020

Key Points

It is important to note that the influenza and ILI surveillance systems in WA have been impacted by the COVID-19 pandemic. Therefore interpretation of 2020 influenza and ILI activity should be done with caution and needs to take into account the effects of changes in health seeking behaviour including accessing alternate health services such as telehealth, focused testing for COVID-19 at COVID-19 clinics or specific acute respiratory infection clinics and the impact of physical distancing measures.

Influenza and influenza-like illnesses (ILI)

- **Summary**: Indicators of influenza activity remain at or below interseasonal levels.
- ILI activity at sentinel GPs and EDs remains below levels usually seen at this time of year.
- There were no positive influenza samples reported by PathWest in the past week.
- Overall non-influenza activity remained low.

Gastroenteritis

- The rate of gastroenteritis presentations at sentinel GPs and EDs remained in the mid to lower range of levels normally reported at this time of year.
- PathWest laboratory detections of norovirus were low in the past week, and rotavirus notifications remained at low levels.

Other vaccine-preventable diseases

- **Shingles and chickenpox**: Chickenpox presentations at sentinel GPs were above baseline level and EDs presentations were at baseline levels. Shingles presentations were below baseline levels at sentinel GPs and Eds.
- **Measles**: No measles cases were notified in the past week.
- **Mumps**: No mumps cases were notified in the past week.
- **Rubella**: No rubella cases were notified in the past week.
- **Invasive meningococcal disease (IMD)**: No IMD cases were notified in the past week.

Other diseases

- **Coronavirus COVID-19**: As of 21 October 2020, a total of 739 COVID-19 cases have been confirmed in WA. See webpage for further information.


Virus WAtch is a weekly electronic publication by the Communicable Disease Control Directorate (CDDC) and key collaborators. It provides a brief summary of General Practice and Hospital Emergency Department sentinel surveillance data on influenza-like illness, gastroenteritis and varicella-zoster disease, together with relevant laboratory information, to alert health care workers in WA to important circulating viruses. All figures and data were accurate at time of publication, but subject to change. The data collections used to create this publication include:

- Sentinel General Practice (GP) data collected by WA members of the Australian Sentinel Practices Research Network (ASPREN)
- Emergency Department (ED) data provided by the Emergency Department Information System (EDIS), which currently incorporates data from the following hospitals: Fiona Stanley Hospital, Sir Charles Gardiner Hospital, Royal Perth Hospital, Perth Children’s Hospital, King Edward Memorial Hospital, St John of God Midland, Bunbury Hospital, Armadale Hospital, Joondalup Health Campus, and Rockingham General Hospital.
- Notification data derived from disease notifications received by CDDC, WA Department of Health from medical providers and public or private laboratories in WA. These data are updated routinely to include admission status for all public and public/private hospitals in WA and hospitalisation data are included in the report during the influenza season.
- Viral laboratory data obtained from PathWest laboratories at QEII Medical Centre, as well as via notification data sent by all WA laboratories to CDDC, WA Department of Health.

As of 1 August 2020, daily reporting of COVID-19 cases include only confirmed cases diagnosed by nose and throat swabs. See webpage for further information.
Influenza and influenza-like illnesses

The rate of ILI presentations to sentinel GPs in the past week remains in the lower range of levels usually reported at this time of year. There were no samples submitted for influenza testing by sentinel GPs this week.

The following is a summary of current Emergency Department Sentinel Surveillance (EDSS) data for respiratory viral presentations.

*The graph is a summary of presentations at Emergency Department Sentinel Surveillance (EDSS) sites using the ICD codes B34.9 and J06.9 which are consistent with a clinical presentation of a viral illness. This data may differ from that presented in the Winter Respiratory Illness Report provided by the Information and System Performance Directorate.
Respiratory viral presentations and admissions to sentinel EDs have remained steady.

The graph is a summary of presentations at Emergency Department Sentinel Surveillance (EDSS) sites using the ICD codes B34.9 and J06.9 which are consistent with a clinical presentation of a viral illness. This data may differ from that presented in the Winter Respiratory Illness Report provided by the Information and System Performance Directorate.

The number of respiratory viral presentations to sentinel EDs remains below levels usually reported at this time of the year.

The graph is a summary of all influenza notifications received by the DoH, Western Australia to the end of the current reporting week, for which cases had date of symptom onset or specimen collection between 12/10/2020 and 18/10/2020. The seasonal threshold defines a value above which may indicate epidemic seasonal influenza activity. The threshold value is calculated based on analysis of seasonal influenza data from the past four years.

Influenza notifications reported to the Department of Health in the past week remain below the seasonal threshold. One influenza notification was received by the Department of Health in the last week.
The graph is a summary of all WA samples reported by PathWest, excluding samples referred by other private laboratories for influenza subtyping.

The percentage of specimens positive for influenza virus at PathWest remains below levels usually reported at this time of year. None of the 357 specimens submitted for influenza testing were positive for influenza in the past week.

The graph is a summary of all WA samples positive for influenza reported at PathWest, excluding samples referred by other private laboratories for influenza subtyping. * These samples were tested using a rapid testing method that does not determine the influenza subtype (i.e. influenza A/H3N2 or A/H1N1).
No positive influenza samples were reported by PathWest in the past week.

Overall non-influenza activity was low in the past week.

COVID-19 activity remains low in Western Australia. All recently reported cases were acquired at sea or overseas.
Gastroenteritis presentations to sentinel GPs are in the mid range of values usually reported at this time of year.

This graph is a summary of current EDIS data for gastroenteritis presentations and admissions. Baseline levels for gastroenteritis presentations and admissions were calculated using the mean of weekly EDIS data from week 1, 2015 to week 52, 2019.
Gastroenteritis presentations and admissions to sentinel EDs in the past week remain below baseline levels.

The number of gastroenteritis presentations to sentinel EDs remains well below the range of values normally reported at this time of year.

**Viral rashes**

Baseline levels for chickenpox and shingles presentations to WA ASPREN GPs per thousand consultations were calculated using the mean of weekly WA ASPREN data from week 1, 2015 to week 52, 2019.

Chickenpox presentations reported by sentinel GPs were above baseline levels in the past week. No shingles presentations were reported in the past week.
The following is a summary of current Emergency Department sentinel surveillance (EDSS) data for varicella-zoster virus presentations.

**ED varicella-zoster virus presentations**

<table>
<thead>
<tr>
<th>Week ending</th>
<th>No. of chickenpox presentations</th>
<th>No. of shingles presentations</th>
<th>chickenpox baseline (2015-2019)</th>
<th>shingles baseline (2015-2019)</th>
</tr>
</thead>
<tbody>
<tr>
<td>30/08/20</td>
<td>2</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>06/09/20</td>
<td>7</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13/09/20</td>
<td>8</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20/09/20</td>
<td>3</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27/09/20</td>
<td>4</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>04/10/20</td>
<td>15</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11/10/20</td>
<td>21</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18/10/20</td>
<td>9</td>
<td>11</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Baseline levels for varicella-zoster virus presentations were calculated using the mean of weekly EDIS data from week 1, 2015 to week 52, 2019.

Shingles presentations at sentinel EDs were below baseline levels and chickenpox presentations reached baseline levels this week.

This document can be made available in alternative formats on request for a person with disability.

© Department of Health 2020

Copyright to this material is vested in the State of Western Australia unless otherwise indicated. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the provisions of the Copyright Act 1968, no part may be reproduced or re-used for any purposes whatsoever without written permission of the State of Western Australia.

healthywa.wa.gov.au