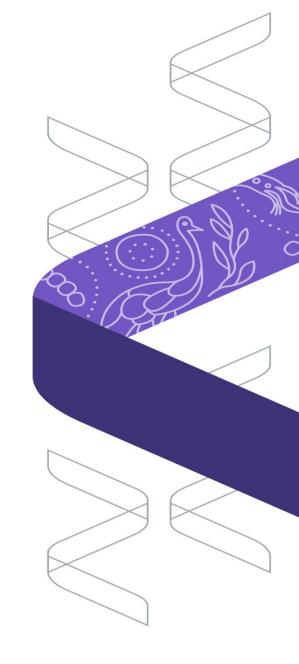


Government of Western Australia North Metropolitan Health Service Women and Newborn Health Service

# **WNHS Graduate Programs**



Jodie Atkinson, Nicola Ireland & Nichola Goodger GMP, GNP & GENP Coordinators 2024



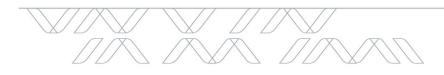


# **Acknowledgement of Country**

We acknowledge the Noongar people as the traditional owners and custodians of the land on which we work, and pay respect to their elders both past and present.

North Metropolitan Health Service recognises, respects and values Aboriginal cultures as we walk a new path together.

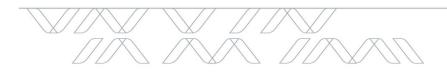




# Working at WNHS

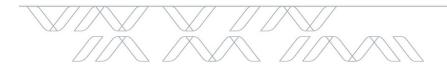
King Edward Memorial Hospital (KEMH) together with Osborne Park Hospital and other women'sbased health services forms the Women and Newborn Health Service (WNHS), which is a part of the larger North Metropolitan Area Health Service (NMHS)

WNHS offers midwives and nurses a high quality, innovative and patientcentred working and learning environment. This enables us to deliver evidence-based contemporary midwifery and nursing practice that provides women, patients and their families with safe, respectful and compassionate care.



# **WNHS Vision, Mission and Values**





# Staff Benefits

#### We offer a range of staff benefits, including:

- Generous salary packaging arrangements.
- Professional development opportunities.

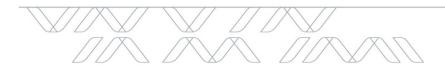
Cough/Sneeze Etiquette and

- Flexible working and leave arrangements.
- A professional and supportive working environment and culture.
- Rewarding and challenging work roles.
- Strong team work focus, sharing and improving skills.
- Gaining experience in a broad range of clinical and non-clinical settings.
- Opportunities for career advancement.

# **Staff services**

- Fitness passport discounted workplace health and fitness program available to the whole of NMHS for a fraction of the price of a regular gym membership.
- Access to on-site end of trip facilities, including secure bicycle storage, showers, lockers and changing room.
- King Edward Memorial Hospital has a 24/7 gym on site for employee use. A wide range of cardio and strength building machines are available as well as change rooms and amenities.
- NMHS Pride Network welcomes all LGBTQIA+ employees and allies to connect with likeminded people from across NMHS.





# **Staff services continued**



- WNHS Wellness Committee promotes staff wellbeing through a four pillar approach; LIFE, MIND, BODY and COMMUNITY. Many activities throughout the year including the very popular Quiz night.
- NMHS Wellbeing support includes psychological support for individuals and teams and Peer Support Program
- NMHS provides staff assistance via counselling and support for employees and their families regarding work related issues EAP.
- NMHS promotes staff recognition with GEM (Going the extra mile) awards, employee of the month awards and recognition of service with long service awards.
- Socially King Edward Memorial Hospital provides a yearly hospital ball and end of year festivities for all staff.



Models of care at WNHS

- Midwifery Care across the continuum of pregnancy
- Specialist Obstetric Clinic Care
- Midwifery Group Practice x 5
- Community Midwifery Program
- Secondary site Osborne Park Hospital

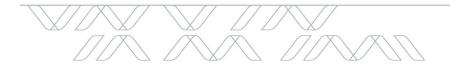
# King Edward Memorial Hospital

- King Edward Memorial Hospital (KEMH) is Western Australia's only tertiary maternity and gynaecological hospital. It's the State's only major referral centre for high-risk pregnancies and has a state-of-the-art special care nursery for premature and sick infants. KEMH also cares for women with gynaecological conditions which range from neurological and cancer-related problems to sexually transmitted diseases and reproductive disorders.
- There were 6500+ babies born in 2022

# **Osborne Park Hospital**

 Women and Newborn Health Service (WNHS) offer a low to moderate risk maternity and gynaecology unit at Osborne Park Hospital (OPH) which provides gynaecology care and obstetric/midwifery care to women with low to moderate risk pregnancies.





# **Continuity Models of Care**

- Midwifery Group Practice (1,2 &3 Low Risk birth in Family Birth Centre, 4&5 and Aboriginal MGP birth in hospital)
  - Case load care across the continuum, 4 women per month.
  - Low Risk Model:
    - Pregnancy care in FBC, home or main hospital
    - Intrapartum care in FBC or LBS
    - Transfer home 4-6 hours postpartum

- Community Midwifery Program
  - Caseload care across the continuum, 3-4 women per month
  - Low risk model offers homebirth, FBC or domino care
  - 24 hour on call roster
  - Community based clinics in Joondalup, Cockburn, Kalamunda & Rockingham

# **Midwifery Care**

#### RMR

Rotations through:

- · labour and birth suite
- maternal fetal assessment unit
- postnatal wards
- antenatal clinics
- visiting midwifery service
- emergency centre
- Osborne Park Hospital
- Specialist clinics

#### **Specialist Clinics**

- Diabetes
- Women and Newborn Drug and Alcohol Service (WANDAS)
- Maternal Fetal Medicine
- Adolescent Clinic
- Next Birth After Caesarean (NBAC)
- Pre-term Birth Clinic
- Childbearing and Mental Illness (CAMI)
- Early Pregnancy Assessment Service (EPAS)
- Perinatal Loss Service (PLS)

# **Services at OPH**

Offers maternity care for low to moderate risk pregnancies and gynaecology care.

As part of our care we offer:

- 6 birthing suites, including water birth
- Women's physiotherapy
- Women's exercise classes
- Dieticians & nutritional counselling
- Social Work
- Lactation services and support
- Childbirth & parenting programs
- Level 2 nursery 6 cots



#### Our staff....

- ✓ Are provided with free staff parking
- Excellent education and
- prof dev opportunities
- ✓ Ability to work in a local suburban setting with excellent amenities.

# WNHS Specialist Gynaecological Services

- Gynaecological oncology
- Uro-gynaecology
- Gynaecological inpatient services
- Adult Special Care
- Emergency Centre
- Day Surgery Unit
- Stomal therapy services

- Gynaecological outpatient services including
- Colposcopy, Hysteroscopy and Vulvoscopy
- Reproductive medicine
- Gynaecology endoscopy
- Procedural Gynaecology Clinic
- Sexual Health





### Department of Psychological Medicine – Mental Health Nursing at WNHS

A women's mental health service for obstetric, gynae and oncology patients of KEMH Inpatient and outpatient services.

Mental health consultation and liaison nurse positions.

#### **Mother and Baby Unit**

- The Mother and Baby Unit (MBU) is an 8-bed authorised mental health inpatient unit providing assessment and treatment of mothers with perinatal mental health issues.
- Women can be admitted to the unit from the third trimester to 12 months post-partum.
- Post partum women are admitted with their baby.

# **WANNERS Graduate Programs**

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# **Women and Newborn Health Service**

WNHS Graduate Programs offer 12-month fixed term contracts, with opportunity for continuing employment at completion:

- Graduate Midwife Program
- Graduate Registered Nurse Program (Perioperative)
- Graduate Enrolled Nurse Program
- WNHS/WACHS Graduate Midwife Program (6month contract each site).





# WHNS Graduate Midwife Program



Recruitment will occur in March 2024 for commencement dates in August 2024, January 2025 and March 2025.

Graduates are employed to work 8 shifts per fortnight (some flexibility availability)

WA Health site GradConnect – for information on eligibility and how to apply

#### Orientation and Clinical Rotations

Orientation - graduate midwives attend NMHS Induction followed by three full days of orientation to WNHS and the graduate program when they commence.

Orientation and dedicated supernumerary time is provided in all core clinical rotations.



#### **Core clinical rotations include:**

- Outpatient antenatal care
- Wards inpatient antenatal and postnatal care
- Breastfeeding centre
- Labour & Birth Suite & Maternal Fetal Assessment Unit

# **Elective rotations**

Elective rotations (may include one of the following areas):

- Visiting midwifery service
- Emergency centre
- Mother & Baby Unit (8 mental health beds)
- Neonatal care unit
- Osborne Park Hospital (secondary maternity services site)
- Dual degree pathway women's health placement dual degree grads
- Adult special care unit.



### Additional rotation opportunities via expression of interest include:

- Research internship (one day per week)
- Midwifery Group Practice (offered in second half of the program)
- Western Australian Country Health Service 3 months– regions available will be determined by WACHS





# WNHS GMP Professional Development

Allocated paid study days (5 x 8hrs)

• FSEP

- Obstetric emergencies simulation training
- Breastfeeding
- Midwifery professional challenges
- Midwifery career pathways
  and graduation

Clinical Skills workshops: Recommended (14 x 1hr)

# Support

- GMP coordinator
- Midwife Educator
- GMP clinical facilitators
- Professional practice review
  - At 3 & 11 months
  - Preparing a professional portfolio
- Mentorship program available
  - Allocated midwife mentor
- Staff development midwives
- Peer support network



# Further Information

Access further information via WNHS public website: DNAMER | Programs <u>Graduate</u> program or contact

Jodie Atkinson GMP Coordinator

Jodie.Atkinson@health.wa.gov.au Phone: 08 6458 3009



#### Graduate Nurse Program (Perioperative)



# About the Program

12 months in the KEMH perioperative setting with intakes in August 2024 and January 2025.

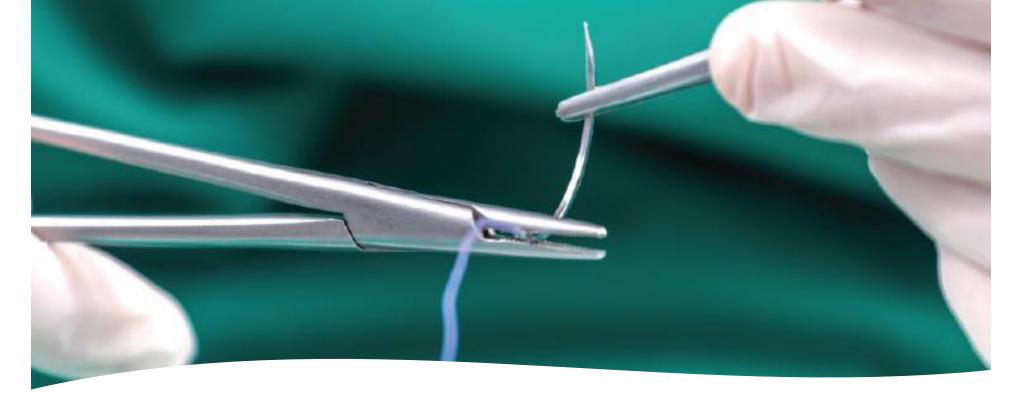
Aim of the GNP (Perioperative)

- To gain introductory perioperative knowledge and skills
- To gain specialist experience within the area of women's health
- To promote the development of critical thinking skills in perioperative nursing



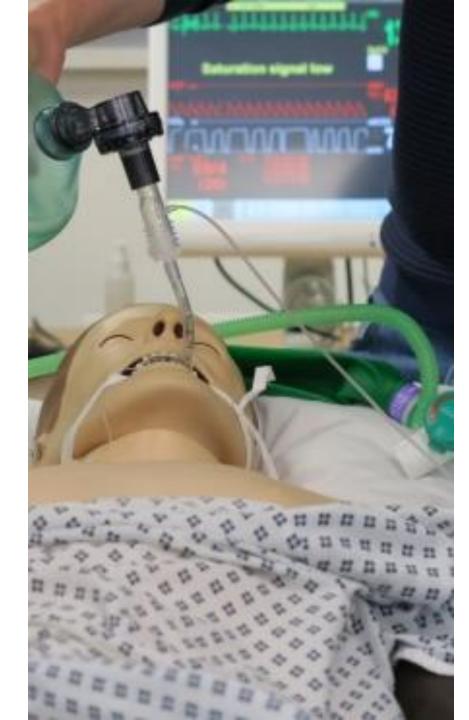
## Clinical Perioperative Rotations

- Obstetrics
- Gynaecology
- Gynae-Oncology
- Uro-Gynaecology
- Pre-Op Assessment Bay
- Post-Anaesthetic Care Unit
- 12-week rotation to WACHS through EOI available



Perioperative Monthly Seminars Include:

- Surgical Suture Workshop
- Surgical Haemostasis
- Surgical Wounds
- Perioperative Quality Improvement
- Surgical Smoke Plume & Surgical Diathermy Safety
- Diabetes within the Perioperative Setting
- Adult Sepsis- Perioperative Considerations



# Perioperative Study Days

- Perioperative Issues
- Anaesthetic Simulation

Plus a choice of 2 from the following:

- Cancer across the lifespan
- Patient Blood Management
- Pain Management
- Uro-Gynaecology Study Day
- Women and Newborn Drug and Alcohol Service

# Graduate Support

- Graduates will be provided with an extensive supernumerary orientation program with clinical support
- A structured workbook with specific clinical skills and objectives to achieve across a 12-month period
- Ongoing education & resources available through an online learning platform
- 5 paid study days across a 12month period
- Monthly seminars and workshops on topics relevant to perioperative nursing and women's health

# Further Information

Contact: Nicola Ireland

#### Nicola.Ireland@health.wa.gov.au

Phone: 08 6458 3011



Graduate Enrolled Nurse Program

#### 12-month program (August 2024)

- Rotations across:
  - Gynaecological outpatient clinics
  - Day surgery unit
  - Ward 6 which specialises in:
    - Gynaecology
    - Early Pregnancy <20 weeks
    - Uro-gynaecology
    - Gynae-oncology

# **Professional Development**

**Monthly Seminars** 

## Topics include:

- Sepsis
- Wound management
- Contraception
- Diabetes
- Continence
- Pelvic Pain

#### Cancer across the Lifespan

Gynae In Time

**Study Days** 

- Emergency Simulation Day
- Plus 2 other days of your choice



# Questions