

# Research Proposal/ Practice Improvement Project – [Insert Name of Research Project/ Practice Improvement Project]

*Fill in red text areas with research/practice improvement project information and then delete red text*

## Research/Practice Improvement Project

*Outline whether the project is research or practice improvement.*

## Research/Practice Improvement Project Team

*Detail who the Principal Investigator/s are, who else is on the Research/Practice Improvement Project Team and provide a short biography for each of the team members.*

## Contents page

## Background (brief)

*Purpose and significance of study/research to the nursing and/or midwifery professions:*

* + *research/practice improvement question or hypothesis*
	+ *rationale, aims and objectives of the project*

## Research strategy

### Sample

*Sample Size and Selection of Sample*

### Inclusions and Exclusions

### Design/Methodology

*The methods to be used to gather information*

### Analysis

*The theories and techniques to be used to analyse the information*

## Limitations

*Anticipate any potential barriers to be faced in carrying out the research design. Describe what the shortcomings will be and explain how these will be addressed.*

## Ethical Considerations

*Does the project involve human ethics, animal ethics or safety implications?*

### Data management procedures

*How will data be stored and managed in terms of maintaining research/practice improvement project participants’ confidentiality?*

## Timeline

*Indicate the timeframe for each broad stage considering literature surveys, data collection, production, modelling, review, analysis, testing, reporting, chapter and report writing and report submission.*

## Budget

*Budget should include any expenses that may be incurred during the project.*

*Please ensure that the budget is correctly tallied up. Budgets should include:*

* ***Direct costs- i.e****. costs integral to achieving the research objectives of a grant. The costs directly address the research objectives of the grant and relate to the research plan.*

*Direct cost examples:*

* *Personnel, e.g. research assistants, and staff costs. Always use the salary level and step corresponding with the skills and tasks required for the role. This will require details of their hourly rate multiplied by the expected hours of work.*
* *Equipment, maintenance and travel (outline why you are going and for how long)*
* *Other (e.g. Consumables).*
* ***Indirect costs****are Health Service Provider (HSP) costs that benefit and support research activities at the HSP. Although they are necessary for the conduct of research and may be incurred during the project, they are costs that do not directly address the approved research objectives of a grant.*

*Indirect cost examples:*

* *Operations and maintenance of buildings (e.g. meeting venues, IT such as computer access, specialist software, databases, secure cloud storage)*
* *Insurance, legal and financial services*
* *Hazardous waste disposal, and*
* ***In-kind support***  *is any non-cash contributions that a party gives to the project. In-kind can be contributed by HSP staff or by an external party, and can include:*
* *staff (e.g. time committed to the project which is not funded by the project)*
* *non-staff/infrastructure (e.g. if you are using lab space to conduct the project but are not receiving direct payment from the project to 'buy out' lab space)*
* *indirect costs*

*Example of appropriate budget:*

|  |
| --- |
| **Budget**  |
| **Total budget requested****$20,209** |
| **Project item (Direct costs)** | **Cost** |
| **1. Assistance for participants’ attendance to assessments and training sessions*** $10 per session
* 3 assessment periods + twice weekly training sessions for an average of 6 weeks = total of 15 sessions per participant)

15 participants x $10 x 15 sessions = $2,250 | **$2,250** |
| **3**. **Equipment*** JAMAR hand held dynamometer for handgrip force assessment (<https://www.practitionersupplies.com.au/buy/jamar-hand-dynamometer/SHJAMAR>) = $609
* Lafayette hand-held dynamometer for the assessment of quadriceps and biceps force (<https://lafayetteevaluation.com/products/lafayette-hand-held-dynamometer>) = USD1,050 = AUD1,600
 | **$2,209** |
| **Indirect costs** |  |
| Costs related to operations and maintenance of buildings, insurance, legal and financial services have been waived. | **Nil** |
| **In-kind support** |  |
| **Thoracic cancer nurse time*** KM (0.2 FTE) for 12 months
 | **Nil** |
| **FSH and CPS Physiotherapist time*** FSH Physio (0.1 FTE) for 12 months
* CPS Physios (0.1 FTE) for 12 months
 | **Nil** |
| **Co-investigators time*** VC (0.05 FTE) for 12 months
* DE (0.05 FTE) for 12 months
* CG (0.05 FTE) for 12 months
 | **Nil** |
| **Ethics and Governance costs*** $3,500 (Ethics) and $3,500 (Governance)
 | **Nil** |
| **Gym space at FSH and CPS sites*** 6 hours per week for 30 weeks
 | **Nil** |

## Expected outcomes/impact of the research/practice improvement project

**Principal Investigator**

**Name Signature**

**Director of Nursing and Midwifery Endorsement**

**Name Signature**

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