



Your hospital discharge

This leaflet explains why you are being discharged from hospital and what you might expect after your discharge.

Why am I being discharged from hospital?

You are being discharged from hospital as your healthcare team have agreed that you are now able to return home or to appropriate accommodation.

What can I expect?

It is our priority to ensure that you are discharged safely from hospital and to the most appropriate available place.

Your healthcare team will discuss discharge and transport arrangements with you (and a family member, friend or carer if you wish). If you require care and support after discharge, this will be arranged.

Following discharge, you are to remain in self-isolation until you recover and are cleared by the Department of Health to resume your normal activities. The public health operations team (PHOps) will be in contact and will let you know when you are no longer required to self-isolate and provide you with a clearance certificate. If you do not hear anything from them after three days, please call 08 6373 2222.

Who can I contact?

If you need **non-urgent medical assistance** you can contact your GP. If you are unable to contact your GP, phone healthdirect on 1800 022 222.

Aboriginal people can also contact one of the Derbarl Yerrigan GP Clinics for a telephone consultation; East Perth – 9421 3888, Midland – 9374 1400 or Maddington – 9452 5333.

If you require **urgent medical assistance** phone 000 and let them know you are in self-isolation due to COVID-19.

If you are experiencing difficulties with accommodation, food and/or other essential items, the Department of Communities has established the Disaster Response Hotline (1800 032 965), which you can phone for support.

If you need **emergency dental** assistance phone 0429 441 162.

If you need **mental health** assistance phone Beyond Blue's 24/7 Coronavirus Mental Health Wellbeing Service on 1800 512 348.

More information

For more information, please refer to the HealthyWA website (healthywa.wa.gov.au/Coronavirus) or phone 13 COVID (132 68 43).

Acknowledgements

This leaflet was adapted from discharge information developed by NHS Scotland.

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**This document can be made available in alternative formats
on request for a person with disability.**

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