	DITAL ODG!			SURNA	ME	- •,			UMR	NI		
	PITAL GROUP			SURINA	IVIE				UIVIR	(IN		
	LINICAL OP											
WITHDRAWAL SCALE (COWS)					GIVEN NAMES					DOB GENDER		
FO	R OPIATES	ONLY										
WARD:				ADDRESS								
WARD.			_									
CONSULTANT:												
T 1: 1 ()111				<u> </u>	***							
Identified withdr	e used to monitor w awal symptoms sho nct medication for th	ould be manag	ed sym	ptomatica	ally as _l	oer DoH A	OD With	ndrawal	Mana			
Instructions:				0.1				-				
	COWS on initial associal observations mu									ch asse	ssment	
, 3							'					
Type of Opiate(s	s) used:						Da	ate/Tim	e Last	Opiate (Consum	ed: _
		Clinical O	niate V	Nithdra	wal S	Scale (C	OWS					
Date			piate i	Titilare	T T			ΙΙ	I	<u> </u>	<u> </u>	
Time												
Resting Pulse R	Rate (0-4)											
Sweating (0-4)												
Restlessness (0	0-5)										_	
Pupil Size (0-5)	,										+	
Bone/Joint Ach	es (0-4)											
Runny nose or t	tearing (0-4)											
Gastrointestina	l upset (0-5)											
Tremor (0-4)											-	
Yawning (0-4)												
Anxiety or irrital	bility (0-4)											
Goosebumps/Pi	iloerection (0-5)											
TOTAL SCORE:	(maximum 48)				1						\dashv	
Nurse Initials	,										+	1
Mui Se IIIIII diS												
			S	coring g	uide							
Symptoms	COWS Score	Scores > 12	2 indicate	e sympto	matic r	nanagem	ent with o	clonidin	ie PO i	may be	benefici	al
Mild	0-12	Scores > 12 indicate symptomatic management with clonidine PO may be beneficial See over for symptomatic management and refer to DoH AOD Withdrawal Management Practice and Pathways or site-specific Alcohol and Other Drug Policy and Procedure.										
Moderate	13-24	If score > 24	4 consid	er buprer	norphin	e-naloxon	e for witl	hdrawa	l'as pe	r WA H	ealth Po	licy
Moderately	25 -36	- Specialist AOD or psychiatrist consult is required. [Insert/remove as per HSP site] Medications MUST be prescribed on the WA Hospital Medication Chart Contact Alcohol and Other Pring Service for advise at any time linear site AOD service.							·]			
Severe	30										10D	

Severe

36 +

contact details or DACAS]

Clinical Oniate Withdrawal Scale (COWS)

		idrawai Scale (COVS)						
after patient is sitting or	r lying	RUNNING NOSE OR TEARING — Not accounted for by cold symptoms or allergies						
		0 = Not present						
	1 = Nasal stuffiness or unusually moist eyes							
	2 = Nose running or tearing 4 = Nose constantly running or tears streaming down cheeks							
t accounted for by room	GASTROINTESTINAL UPSET — Over last half hour							
ng illness	0 = No gastrointestinal symptoms							
٦	1 = Stomach cramps 2 = Nausea or loose stool							
	3 = Vomiting or diarrhoea							
	5 = Multiple episodes of diarrhoea or vomiting							
	TEMOR OF THE CONTRACT OF THE C							
g assessment	TEMOR — Observation of out stretched hands 0 = No tremor							
to do so	1 = Tremor can be felt, but not observed							
	2 = Slight tremor observable 4 = Gross tremor or muscle itching							
N seconds		- Cross tomer of massic iteming						
		YAWNING — Observation during assessment						
	0 = No yawning							
or room light		1 = Yawning once or twice during assessment 2 = Yawning three or more times during assessment						
		4 = Yawning several times per minute						
		ANXIETY OR IRRITABILITY						
a to opiate withdrawaris	3	0 = None 1 =Patient reports increasing irritability or anxiousness						
		2 =Patient obviously irritable/anxious						
		4 = Patient so irritable/anxious that participation in assessment is						
a of ioints/muscles	2 = Patient reports severe diffuse aching of joints/muscles 4 = Patient is rubbing joints or muscles and is unable to sit still due							
g of joints/muscles and is unable to sit still	l due	difficult						
g of joints/muscles and is unable to sit still	l due							
and is unable to sit still	l due	GOOSEBUMPS/PILOERECTION						
g of joints/muscles and is unable to sit still	l due							
and is unable to sit still	l due	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth						
and is unable to sit still	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use:						
and is unable to sit still	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection						
Baseline obserblood Pressure (E	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use:						
Baseline obse	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute						
Baseline obserblood Pressure (E	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters						
Baseline obserblood Pressure (E	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms.						
Baseline obserblood Pressure (E	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR						
Baseline obserblood Pressure (E	ervations &	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose.						
Baseline obserblood Pressure (E	ervations & BP) and Hea	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm mence regular clonidine PO 75-100 micrograms QID Do not come clonidine about tif the						
Baseline observation of the state of the sta	ervations & BP) and Hea	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for patient has been taking high doses for						
Baseline observation of the state of the sta	ervations & BP) and Hea	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the						
Baseline observation of the state of the sta	ervations & BP) and Hea	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for patient has been taking high doses for						
Baseline observation of the state of the sta	Com. Clonidine P	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50 mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for more than 3-5 days. PTION - REFER TO THE WA HOSPITAL MEDICATION CHART Image through the patient has been taking high doses for more than 3-5 days.						
Baseline observation of the state of the sta	Com. Clonidine P ESCRIP O / IV 10 O 5 mg	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50 mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for more than 3-5 days. PTION - REFER TO THE WA HOSPITAL MEDICATION CHART Image three times a day PRN three times a day PRN The patient has been taking high doses for more than 3-5 days.						
Baseline observation of the state of the sta	Comic Clonidine PD / IV 10 O 5 mg IV 4-8 m	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50 mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for more than 3-5 days. PTION - REFER TO THE WA HOSPITAL MEDICATION CHART Image three times a day PRN three times a day PRN The patient has been taking high doses for more than 3-5 days.						
Baseline observations and is unable to sit still Baseline observations and is unable to sit still Baseline observations and is unable to pressure (to the process of the	Command Clonidine Point IV 100 5 mg IV 4-8 mg twice	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for more than 3-5 days. PTION - REFER TO THE WA HOSPITAL MEDICATION CHART mg three times a day PRN three times a day PRN g twice a day PRN						
Baseline observation of the state of the sta	Comic Clonidine PO / IV 10 O 5 mg IV 4-8 ming twice PO inide PO	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg. OR HR < 50 bpm OR symptoms of dizziness BP ≥ 90/50mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for more than 3-5 days. PTION - REFER TO THE WA HOSPITAL MEDICATION CHART mg three times a day PRN three times a day PRN g twice a day PRN a day PRN (maximum five days). 10-20 mg four times daily PRN						
Baseline observations of the state of the st	Comic Clonidine PO 10 5 mg lV 4-8 mg twice hide PO 400 mg g every	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP > 90/50mmHg and HR > 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR Symptoms of dizziness BP > 90/50 mmHg, AND HR > 49 bpm Do not cease clonidine abruptly if the patient has been taking high doses for more than 3-5 days. PTION - REFER TO THE WA HOSPITAL MEDICATION CHART mg three times a day PRN three times a day PRN g twice a day PRN g twice a day PRN g twice a day PRN (maximum five days). 10-20 mg four times daily PRN (maximum 1200mg / 24 hours), 4 hours PRN (maximum 4 g / 24 hours)						
Baseline observation of the parties of the patients Baseline observation of the pressure (for the patients) Baseline observation of the patients of the patients Baseline observation of the patient o	Comic Clonidine PO 14-8 ming twice hide PO 2400 mgg every cloniding possible possibl	GOOSEBUMPS/PILOERECTION 0 = Skin is smooth 3 = Piloerection of skin can be felt or hairs standing up on arms 5 = Prominent piloerection instructions for use: art Rate (HR) Parameters BP ≥ 90/50mmHg and HR ≥ 50 beats per minute Give test dose clonidine PO 75-100 micrograms. Check blood pressure 30-60 minutes after dose. BP < 90/50 mmHg, OR HR < 50 bpm OR symptoms of dizziness PO 75-100 microgram PRN (2/24 interval from regular dose) Maximum dose 800 micrograms daily PTION - REFER TO THE WA HOSPITAL MEDICATION CHART mg three times a day PRN three times a day PRN g twice a day PRN a day PRN (maximum five days). 10-20 mg four times daily PRN (maximum 1200mg / 24 hours), three to four times daily PRN (maximum 1200mg / 24 hours),						
i .	ing illness g n face ig assessment e to do so vements of legs/arms w seconds im light for room light f the iris is visible was having pain previo	n face ng assessment to do so wements of legs/arms w seconds m light for room light						

Refer to Specialist AOD service for consideration of alternative and additional therapies (eg buprenorphine-naloxone as opioid replacement therapy [ORT]). ORT can only be continued on discharge when prescribed by authorised CPOP prescribers. Under S80 of the Medicines and Poisons Act 2014 an Authorised Health Practitioner who reasonably believes that a patient is a drug dependent person commits an offence if the practitioner does not make a report to the Department of Health.

Treatment recommendations do not cover all clinical scenarios and do not replace the need for clinical judgment.

References:
Drug and Alcohol Office (2014) Western Australian Community Program for Opioid Pharmacotherapy (CPOP): Clinical Policies and Procedures for the use of methadone and buprenorphine in the

V1.1 Endorsed by WATAG July 2021