Government of Western Australia Department of Health

Policy Frameworks

MP 0169/21 Effective from: 30 September 2021

Elective Services Access and Management Policy

1. Purpose

The *Elective Services Access and Management Policy* has been developed to ensure clinically appropriate, consistent and equitable management of elective services patients and waiting lists in hospitals across Western Australia where public elective services are delivered. It sets out the mandatory requirements for Health Service Providers with respect to the delivery of patient-focused, evidence based elective services.

This policy must be read in conjunction with the *Elective Services Access Handbook, the Excluded Procedures Manual,* <u>MP 0175/22 Consent to Treatment Policy</u>, <u>MP 0164/21</u> *Patient Activity Data Policy* and <u>MP 0111/19 Performance Management Policy</u>.

This policy is a mandatory requirement under the *Clinical Services Planning and Programs Policy Framework* pursuant to section 26(2)(c) of the *Health Services Act 2016.*

This policy supersedes MP 0050/17 *Elective Surgery Access and Waiting List Management Policy* and MP 0045/17 *Urgency Categorisation and Access Policy for Public Direct Access Adult Gastrointestinal Endoscopy Services.*

2. Applicability

This policy is applicable to all Health Service Providers that provide elective services. This includes elective services provided to patients that choose to be treated as private patients.

The requirements contained within this Policy are applicable to the services purchased from contracted health entities where it is explicitly stated in the contract between the contracted health entity and the State of Western Australia or Health Service Provider. The State of Western Australia or Health Service Provider contract manager is responsible for ensuring that any obligation to comply with this Policy by the contracted health entity is accurately reflected in the relevant contract and managed accordingly.

3. Policy Requirements

Health Service Providers are responsible for managing elective waiting lists and ensuring they have local policies and procedures that ensures compliance with this policy. Health Service Providers must nominate, an Accountable Officer for the elective waiting list at each hospital where elective services are offered.

3.1 Timeliness of Elective Services

Waiting lists must be actively managed by hospitals to ensure all patients are treated within clinically appropriate timeframes as per the <u>National Definitions for Elective Surgery</u> <u>Urgency Categories (2013)</u>:

Category 1 – Procedures that are clinically indicated within 30 days.

Category 2 – Procedures that are clinically indicated within 90 days.

Category 3 – Procedures that are clinically indicated within 365 days.

- All patients must receive a clinical urgency category before they are registered on the elective waiting list.
- Following receipt of a Request for Admission and documented patient consent, the receiving hospital must determine whether the request is to be accepted or refused within five (5) working days.
- This five (5) day period does not apply to Requests for Excluded Procedures which must follow the sites documented approvals process.
- Where a Direct Access referral pathway has been established, referrals are to be accepted if they meet the specified referral guidelines as assessed by the sites Triaging Clinician. Mandatory referral content as stipulated needs to be included and referrals must be submitted via the Central Referral Service (for access to metropolitan sites only).
- Health Service Providers are responsible for ensuring waiting lists are coordinated to promote the most effective and efficient use of resources across facilities under their jurisdiction.
- Where patients have been waiting longer than the clinically recommended time for their urgency category, Health Service Providers must actively implement strategies to ensure the patient receives the care they need as soon as possible.

3.2 Equity of Access

Patients are to be prioritised on their assigned clinical urgency category, individual clinical urgency and length of wait. A summary of usual urgency categories for common procedures, is advised in the <u>National Elective Surgery Urgency Categorisation Guideline</u> (2015).

Where no clinical urgency differentiation exists within an urgency category, patients are to be treated in order of their registration onto the waiting list in accordance with the 'treat in turn' principle as defined in this Policy.

- All Medicare-eligible patients receiving public healthcare services in Western Australian hospitals can choose to receive free care as a public patient, or if they have private health insurance, they can elect to be treated as a private patient with no out of pocket expenses (unless otherwise advised by the Treating Specialist).
- Where no clinical urgency differentiation or exceptional circumstances exist, patients referred from private consulting rooms for registration onto the elective services waiting list are to be clinically prioritised and managed in accordance with the requirements of this Policy and the 'treat in turn' principle.

Ensure you have the latest version from the Policy Frameworks website.

• Patients transferring between Health Service Providers (e.g. Child and Adolescent Health Service to North Metropolitan Health Service) will maintain their original waitlist date to ensure waiting time is accurately captured and reported.

3.3 High Value Care

Health Service Providers must ensure site specific procedures and processes are in place to optimise the safety and quality of the elective services journey.

Decisions to undertake elective services must be based on the best available evidence of good practice to ensure high value outcomes of care. Namely, elective services should avoid Low Value Care procedures such that due consideration is given to:

- expected benefits
- associated clinical risks
- opportunities for alternative treatment.

Excluded procedures, as listed in the Excluded Procedures Manual, are not to be performed unless under exceptional circumstances and where the request for the procedure has been formally approved by the Director of Medical/Clinical Services (or their delegate). Health Service Providers are responsible for ensuring each site under their jurisdiction has in place a documented process for the approval of Excluded Procedures.

4. Compliance Monitoring

Health Service Providers are responsible for monitoring and ensuring compliance with this Policy. Site specific procedures and processes are to be monitored and reviewed via continuous quality improvement as per <u>National Standard 1: Clinical Governance</u> <u>Standard: Patient Safety and Quality Systems.</u>

The performance indicator used to monitor and evaluate elective services access and waiting list management within the Western Australian health system is the WA Elective Services Target (WEST). This indicator measures the proportion of elective waitlist patients waiting longer than the clinically recommended time for their urgency category. The target for all elective services (Commonwealth data reporting requirement reportable and non-reportable) is 0%.

Longest over boundary waiting times by urgency category are included in a system manager WEST report to monitor compliance with the 'treat in turn' principle.

These indicators are reported in the Health Service Performance Report (HSPR). Where HSPR elective performance targets are not being met, the System Manager may conduct audits and/or elect to access a range of other indicators available via the Information and Performance Governance Unit to confirm compliance with this Policy (refer to <u>MP 0111/19</u> <u>Performance Management Policy</u> for more information).

5. Related Documents

The following documents are mandatory pursuant to this Policy:

- Elective Services Access Handbook
- Excluded Procedures Manual

6. Supporting Information

The following information is not mandatory but informs and/or supports the implementation of this Policy:

- WA Aboriginal Health and Wellbeing Framework 2015 2030
- <u>WA Health Clinical Services Framework 2014 2024</u>
- <u>Elective care waiting list episode Elective care type, code N (2021), METeOR,</u> <u>Australian Institute of Health and Welfare</u>
- <u>National Definitions for Elective Surgery Urgency Categories</u> (2013), Australian Institute of Health and Welfare
- <u>National Elective Surgery Urgency Categorisation Guideline</u> (2015), Australian Health Ministers' Advisory Council
- Duckett et al (2015) <u>Questionable Care: Avoiding ineffective treatment, Grattan</u> <u>Institute</u>
- Badgery-Parker et al (2019) *Low-value care in Australian public hospitals: prevalence and trends over time*, BMJ Quality & Safety

7. Definitions

The following definition(s) are relevant to this Policy.

Term	Definition		
Accountable Officer	A Health Service Provider nominated person who is responsible for managing the elective waiting list at each hospital.		
Direct Access	Direct access services are those which, by prior agreement, routinely accept requests for registration onto the elective waiting list (where specified referral guidelines are met) from external sources (e.g. General Practitioner), without assessment of the patient by a Specialist in an outpatient clinic. E.g. Adult Gastrointestinal Endoscopy Services.		
Elective Services	Elective services are defined as planned surgical and non- surgical procedures that can be booked in advance following a Specialist clinical assessment resulting in placement on the elective waiting list.		
Equitable	For the purposes of this Policy, means that irrespective of financial capacity to pay, patients are treated in order of their registration on the waitlist (treat in turn principle).		
Excluded Procedure	Any procedure not routinely performed in the Western Australia public health system as defined in the Excluded Procedures Manual.		
Low Value Care	ow Value Care The use of an intervention where evidence suggests it confers no or very little benefit on patients, or risk of harm exceeds like benefit.		
Over Boundary	Term used to identify cases that have waited longer than the clinically recommended timeframe for their urgency category.		

Request for Admission (RFA) Form	Request for admission to hospital needs to be on an approved form (paper or electronic) with all mandatory fields as marked completed.
Treat in turn	The principle by which all patients are to be treated in order of their registration onto the waiting list unless clinically indicated and/or in exceptional circumstances.
Treating Specialist	Credentialed Specialist medical practitioner eligible to request admission of patients to a public hospital and who has operating rights to that public hospital.
Triaging Clinician	Credentialed Specialist medical practitioner eligible to request admission of patients to a public hospital.
Working Days	Days that fall between Monday and Friday inclusively (excluding public holidays).

8. Policy Contact

Enquiries relating to this Policy may be directed to:Title:Director, System Clinical Support and Innovation UnitDirectorate:System Clinical Support and InnovationEmail:SCSI@health.wa.gov.au

9. Document Control

Version	Published date	Effective from	Review date	Amendment(s)
MP 0169/21	4 October 2021	30 September 2021	April 2022	Original version
MP 0169/21 v.1.1	27 September 2022	27 September 2022	June 2023	Minor amendments to related document: Elective Services Access Handbook.
MP 0169/21 v.2.0	28 September 2023	28 September 2023	June 2023	Amendments as detailed below.
Related Document: Excluded Procedures Manual updated following the release of the ICD-10-AM/ACHI/ACS 12 th edition.				

10. Approval

Approval byNicole O'Keefe, Assistant Director General, Strategy and Governance, Department of Health	
Approval date	30 September 2021

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