



Advance Care Planning fact sheet

What do I need to know?

What is Advance Care Planning?

Advance Care Planning is a discussion between you and your family/carer and ideally your health professional(s) regarding your preferences for future treatment and care should you no longer be able to make such decisions at the time they are needed.

What is an Advance Care Plan?

An Advance Care Plan is a record of your Advance Care Planning discussion and a way of informing those who are caring for you of your personal treatment and care preferences.

What is an Advance Health Directive?

An Advance Health Directive is a legal document completed by an adult with full legal capacity and contains decisions regarding future treatment. It specifies the treatment(s) for which consent is provided or refused under specific circumstances.

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For more information about Advance Care Planning please ring:

Telephone: (08) 9222 2300

Email: acp@health.wa.gov.au

www.health.wa.gov.au/advancecareplanning

For more about EPAs or EPGs please contact the Office of the Public Advocate:

Telephone: 1300 858 455

Email: opa@justice.wa.gov.au

www.publicadvocate.wa.gov.au

What is an Enduring Guardian?

An Enduring Guardian is the person you appoint to act on your behalf by completing the Enduring Power of Guardianship (EPG) form. You determine the extent of your Enduring Guardian's powers to make personal, lifestyle and treatment decisions on your behalf. You can get the forms to fill out an Enduring Power of Guardianship from the Office of the Public Advocate website.

What is an Enduring Power of Attorney?

An Enduring Power of Attorney (EPA) is a legal document where you can nominate a person to manage your property and financial decisions. You can get the forms to fill out an Enduring Power of Attorney from the Office of the Public Advocate website.