Welcome to the Aboriginal Health Team

Enhanced Aboriginal Child Health Schedule

Additional services

Doctor
You can see a Doctor at our clinics. As we only have clinics with the Doctor once or twice a month, you need to see your regular doctor if you are worried about your health or your baby’s health between clinics.

Health Promotion
Our Health Promotion team supports families by sharing ideas to get and stay healthy.

Aboriginal Children’s Ear Health Clinic
If we find a problem during a health check, we will make an appointment for an Aboriginal Children’s Ear Health Clinic. We hold a clinic at Armadale and Padbury every month, and every 3 months at Peel.

Playgroups
We also run Aboriginal playgroups. Ask your nurse or Aboriginal Health Worker to find one closest to you.

Immunisation Clinics
There are Immunisation clinics across Perth. The Aboriginal Health Worker or Nurse will tell you where and when these clinics are.

Allied Health
Our Speech Pathologist and Occupational Therapist can help if your child has difficulties with:
- coordination and movement – crawling, walking, writing and drawing
- speech and language – problems saying, using and understanding sounds, words and sentences
- social and emotional skills, attention and behaviour – managing feelings and relating to others
- play, learning and everyday tasks – eating and dressing.

The Speech Pathologist, Occupational Therapist or Aboriginal Health Worker will give you ideas and activities to help your child’s development at home. If your child needs more help, we can make an appointment for you with the Child Development Service. If you want an Aboriginal Health Worker to be there with you, please ask.

Where you can find us
If you’re interested in our services, ask your Nurse or Aboriginal Health Worker, and they will contact the team for you.

- General information/management: 6272 9700
  240 Harley Road, BELMONT
- Bentley: 9458 4383
  22 Coolgardie Street, BENTLEY
- Hilton: 6332 0100
  34 Paget Street, HILTON
- Joondalup: 9400 9538
  22 Regents Park Road, JOONDALUP
- Kwinana: 9419 2266
  1 Peel Row, KWINANA
- Maddington: 6330 3110
  132 Westfield Street, MADDINGTON
- Mandurah: 9586 4556
  112 Lakes Road, MANDURAH
- Midvale: 9274 1641
  Unit 2/36 Mathoura Street, MIDVALE
- Mirrabooka: 9345 7105
  Unit 4, 14 Chesterfield Road, MIRRABOOKA
- Pinjarra: 9531 7293
  Murray Health Centre, McKay Street, PINJARRA
  Call 6272 9700 for general queries about the Aboriginal Health Team or the Enhanced Aboriginal Child Health Schedule.

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This document can be made available in alternative formats on request for a person with a disability.

Please note: The use of the word Aboriginal includes both Aboriginal and Torres Strait Islander people.

This publication is provided for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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Are you the parent or carer of an Aboriginal child?

You can choose the type of care you want, and who provides it.
- Your children can receive health services from a Child Health Nurse from birth to 2 years, then from School Health Nurses at school.
- Or you can receive the Enhanced Aboriginal Child Health Schedule from birth until your child is 5, as well as additional support when your child is at school.

Home visit

A Child Health Nurse will contact you to arrange a home visit within the first 14 days of birth.

Child Health Nurse

If you want, you can choose to receive the service offered to all Western Australian families.
This means that, after the first visit, you see your local Child Health Nurse again, when your child is:
- 8 weeks
- 4 months
- 12 months
- 2 years
- starting school

At these visits, the Nurse will:
- weigh and measure your child
- give you information about breastfeeding and nutrition, child development, preventing injury, immunisation, and sleeping/settling your baby
- answer your questions
- check how you are feeling, physically and mentally.

Enhanced Aboriginal Child Health Schedule

If you want the specialised service, ask to be referred to the Aboriginal Health Team.
This means that, after the first visit, you’ll meet with one of our Child Health Nurses and an Aboriginal Health Worker, either at home or at the local community health centre.
You will see us again when your child is:
- around 4 weeks
- 8 weeks
- 4 months
- 6 months
- 8 months
- 12 months
- 18 months
- 2 years
- 2½ years
- 3 years
- 3½ years
- 4 years
- 4½ years
- 5 years

At these visits, the Nurse or Aboriginal Health Worker will:
- weigh and measure your child
- provide immunisations
- check your child’s skin for infections or other problems
- do some checks and tests if there seem to be any problems
- give you information about breastfeeding and nutrition, child development, preventing injury, immunisation, and sleeping/settling your baby
- answer your questions
- check how you are feeling, physically and mentally.

This helps us spot any problems early and treat them, or refer you to a specialist.
You can join or leave the Aboriginal Health Team any time.

Aboriginal Health Team

What we do
We provide culturally appropriate and sensitive health care by recognising the strengths and diversity of the Aboriginal community.
We work with Aboriginal families:
- by providing health care at home or at one of our clinics
- to help raise happy and healthy children. We can help with sleeping, feeding, temper tantrums and lots of other things.
- to become strong and healthy by helping you connect with other services if needed.
We have 9 teams at community health centres across Perth. These teams have Aboriginal Health Workers and Child Health Nurses who provide specialised health services for Aboriginal families through the Enhanced Aboriginal Child Health Schedule.