

HEALTH NETWORKS QUARTERLY REPORT APRIL - JUNE 2017

CONNECT



28,428

Average number of visits to the Health Networks website per month. (1)



39

Total number of articles in the WA Health Networks Bulletin. (2)



11

Number of Health Networks governed by the Health Networks Directorate. (3)



13

Number of people who attended the "Engagement Workshop Series: Session 2 - Tips for effective engagement". (4)



31

Number of people who attended the "Engagement Workshop Series: Session 3 - How to design and deliver good surveys". (5)



92% of attendees rated the Engagement Workshop Series session presentations as "Good" or "Very good"



3

Number of election commitments the Health Networks Directorate has been assigned. (6)



7

Number of health pathways that were open for consultation to obtain expert input and feedback. (7)



12

Number of representatives of the Health Networks that attended the Institute of Public Administration Australia WA 2017 Achievement Awards. (8)

IMPROVE

NOTES:

- (1) Average number of visits to the Health Networks website per month, calculated from 1 April to 30 June 2017.
- (2) The WA Health Networks Bulletin is distributed fortnightly to members on the Health Networks Database. The Bulletin provides Network updates, invitations to events, consultation opportunities and information about areas of interest.
- (3) The Health Networks are a collaborative mechanism that connects internal and external partners across the Western Australian health care system. The Health Networks focus on fostering innovation and delivering responsive health system change by connecting the right people to ensure diverse and expert knowledge informs projects and policy development.

The Health Networks Directorate was established in 2006 to manage the newly created Health Networks. Western Australia's first networks were the Primary Care, Aged Care, Cardiovascular, Endocrine (now Diabetes and Endocrine), Infections and Other Conditions (now Infections and Immunology), Respiratory, Renal Medicine and Urology (now Renal), Child and Youth, Digestive, Injury, Trauma and Poisoning (later Injury and Trauma) clinical networks. The number of networks progressively grew with the inclusion of the Mental Health, Disability, Genomics, Cancer, Palliative Care, Women's and Newborn, Acute Care, Falls Prevention and Musculoskeletal Health Networks. Over time some of these networks matured to become more involved in service delivery. This growth required them to transition into areas beyond the Health Networks Directorate.

Today there are 11 Health Networks that are governed by the Health Networks Directorate, these are:

- Cardiovascular
 - Child and Youth
 - Diabetes and Endocrine
 - Disability
 - Falls Prevention
 - Infections and Immunology
 - Musculoskeletal
 - Neurosciences and the Senses
 - Renal
 - Respiratory
 - Women's and Newborns.
- (4) The Health Networks Directorate developed an Engagement Framework and established an Engagement Workshop Series focussing on providing WA health system staff with an opportunity for peer learning around stakeholder engagement over the course of four 1.5 hour workshops. The Workshops offer participants with information, tips, and advice on different components of engagement and uses interactive activities to assist information and knowledge sharing, brainstorming, skill development, and networking.

Thirteen people attended the second workshop of the Engagement Workshop Series. Session 2 was entitled, "Tips for effective engagement".

The purpose of this workshop was to:

- Facilitate participants sharing their experiences and tips for effective engagement.
- Share HND knowledge regarding effective engagement in selected key areas.
- Explore ways to understand and engage with people.
- Explore tools to assist with planning.
- Develop peer learning opportunities.
- Network with other people who use engagement in the Department.
- Close the feedback loop from the previous session.
- Inform the refinement of the *Department of Health Engagement Suite*, which includes the Engagement Framework, Toolkit, and numerous templates.

(5) Thirty one people attend the third workshop of the Engagement Workshop Series. Session 3 was entitled, "How to design and deliver good surveys". The purpose of the workshop was to:

- Assist participants to design and deliver effective surveys.
- Share in collective knowledge regarding survey design.
- Provide a networking opportunity for participants to discuss survey related issues.

(6) The Health Networks Directorate has been assigned three projects to undertake as part of the Government's 2016 election commitments. The three projects assigned to the Directorate are:

- Let's Prevent Program
- WA Men's Health and Wellbeing Policy, and
- Patient Opinion.

The Let's Prevent program will commence with a pilot program for people who are at high risk of developing chronic conditions, including diabetes in selected regional areas. The Let's Prevent pilot project will be based on the current Let's Prevent Diabetes program - Diabetes Education and Self-Management for Ongoing and Newly Diagnosed (DESMOND) developed in 2014 following research by Leicester Diabetes Centre in the UK. It is a one-day (or two half days) early intervention group workshop designed to support the person with pre-diabetes and other lifestyle related chronic conditions to become the expert. The aim is for the participant to be in control and able to make the right decisions having gained a thorough understanding and knowledge of their condition. WA Health is seeking to deliver the proven and recognisable Let's Prevent Program through Diabetes WA to selected regional areas. The program will enhance the already successful Metropolitan Healthy Lifestyle Program and provide much needed support to country and rural areas.

The WA Men's Health and Wellbeing Policy will be informed by the National Male Health Policy.

Patient Opinion aims to introduce a patient feedback mechanism to drive improvements in the public hospital system.

Providing patients with an online feedback tool will allow them to provide feedback about care and comment on issues that need improvement.

- (7) HealthPathways WA is a web-based portal with information on assessment, referral and management pathways helping clinicians to navigate through the complex primary, community and acute health care system in Western Australia.

The WA Health System have partnered with the WA Primary Health Alliance (WAPHA) to ensure pathways are developed and customised for WA, with the key focus of improving integration between primary, secondary and tertiary care. Health Networks has a key role in the consultation of these pathways.

In this reporting period, input and feedback from experts was sought, via online consultation, for the following pathways:

Cardiology

- Infective Endocarditis Prophylaxis

Child Health

- Autism Spectrum Disorder

Genetics

- Marfan Syndrome

Older Persons Health

- Falls Prevention

Sexual Health

- Epididymo-orchitis

Sleep Medicine

- Insomnia
- Obstructive Sleep Apnoea (OSA) in Adults

- (8) The Institute of Public Administration Australia WA 2017 Achievement Awards Presentation was held on 30 June 2017. Two initiatives from the Health Networks Directorate were shortlisted for the Organisational Awards. These were:

- The Diabetes Collaborative Complex Care Program
- The Disability Health Network

The Diabetes Collaborative Complex Care program (DCCC) is the first initiative in Western Australia to provide specialist care for complex type 2 diabetes patients through 'Advanced Skill General Practitioners', thereby reducing the need for care in tertiary hospital outpatient clinics. The success of the DCCC is due to the strong collaboration between the Department of Health, South Metropolitan Health Service, and not-for-profit organisation 360 Health and Community. Patients referred to the DCCC are seen by a specialist within two weeks, whereas those on public waiting lists can wait for an extended period of time. In the past 12 months, the two pilot clinics in Kwinana and Cockburn have diverted 327 complex diabetes patients off hospital waiting lists, and provided more than 1400 occasions of service. The DCCC has the potential to become

the preferred model for managing complex diabetic patients in a primary care setting in WA.

The Disability Health Network is an innovative approach towards achieving better health outcomes for people with disability that is underpinned by a partnership between the Department of Health and the Disability Services Commission. Established in 2012 in response to continuing demand from a range of sources for the voice of people with disability to be heard by clinicians, and increasing evidence of significant health disparities experienced by this population, the Directors General committed personnel and resources to this initiative. The Network operates using a model of influence, where people with disability, their family and carers are at the centre of all activities, including the Executive Advisory Group, which determines priorities, reviews outcomes, shares information and fosters collaborative networks, Working Groups that progress agreed work plans, consultations to inform policy development and presentations to share, connect and improve. The Network has produced valuable resources that are being used to change practice.

This year the judging panel received a number of high calibre nominations and although neither of the Health Networks initiatives received an award, the people involved are to be congratulated on their significant accomplishment.