The Respiratory Health Network Chronic Obstructive Pulmonary Disease (COPD) Action Plan is for people with COPD. The goal is for all patients to be provided with a COPD Action Plan from their GP, medical specialist or health care coordinator.

**Questions and answers**

**What is the purpose of the action plan?**

The purpose of the action plan is to be a self-management tool. Information for patients should be reinforced at GP and specialist appointments and by health professionals providing home or community services. It should be updated at any time there is a change in the treatment/medication regime.

**Who completes the action plan and gives it to the patient?**

The action plan should be completed in consultation with the patient and given to them by a health professional e.g. GP.

It is preferable to complete the Action Plan when the patient/consumer is stable and on appropriate treatment.

**What contact details and patient information are required on the action plan?**

The action plan should have contact details for the patient, GP, and case manager or key health service provider and hospital record number and Medicare number.