Information for clinical teams attending to guests self-isolated in hotels and other accommodation

This document provides information for clinical teams (including doctors, nurses, social workers, pathology) providing daily checks and other routine healthcare to returned travellers being accommodated in hotels and other accommodation as part of the mandatory 14-day quarantine requirements.

General guidance

If a person in quarantine needs medical attention for any reason (including symptoms compatible with COVID-19 or any other illness/injury) they are requested:

• To telephone: 1300 660 321

• If they experience severe symptoms or having a medical emergency, to call 000 and advise the operator that they are in quarantine because of COVID-19 risk.

Clinical teams who attend the person under quarantine should provide the person and other persons in the room also under quarantine a surgical mask.

Standard precautions, including hand hygiene (5 Moments) should be observed for all persons. Guests and staff should observe cough etiquette and respiratory hygiene.

Transmission based precautions

Contact and droplet precautions should be observed for routine care of persons in quarantine or under investigation or with suspected or confirmed COVID-19 infection.

Contact and airborne precautions should be observed when performing aerosol generating procedures (AGP) (i.e.: tracheal intubation, non-invasive ventilation, tracheotomy, cardiopulmonary resuscitation, manual ventilation before intubation, collection of induced sputum), and providing care to persons with severe respiratory symptoms. AGPs would not routinely be performed in the setting of quarantine in hotels and other accommodation and would only occur in this setting during a medical emergency.
PPE requirements

<table>
<thead>
<tr>
<th>Contact and Droplet Precautions</th>
<th>Contact and Airborne Precautions</th>
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<tbody>
<tr>
<td>• Disposable gloves</td>
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<tr>
<td>• Fluid resistant gown</td>
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<tr>
<td>• Surgical mask</td>
<td>• P2/N95 mask</td>
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<tr>
<td>• Protective eyewear/visor</td>
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</table>

When visiting the guest, PPE should be donned and doffed in the corridor outside the guest's room. A general waste bin must be provided for discarding PPE. Access to alcohol based hand rub (ABHR) is essential.

Sequence for donning and doffing PPE

**Donning PPE**
- Perform hand hygiene
- Gown
- Mask
- Protective eyewear/visor
- Gloves

**Removing PPE**
- Gloves
- Perform hand hygiene
- Gown/apron
- Perform hand hygiene
- Protective eyewear/visor
- Perform hand hygiene
- Mask
- Perform hand hygiene

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This document can be made available in alternative formats on request for a person with disability.

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