Needs, Interests, Concerns, Expectations (NICE) Analysis

As part of your preparation for mentoring, you may want to explore your needs interests, concerns and expectations in your current role. This NICE analysis may assist with this.

1. Needs: What are your needs at this present time as a mentee?
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2. Interests: What are your main interests/skills with regard to work?
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3. Concerns: What are you concerned about in your work life?
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4. Expectations: What do you expect from your job? What do you expect a mentor to be able to do?
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