**Donning PPE**  
(Before entering the patient room)

**Hand hygiene**
- Remove jewellery – Ensure bare below the elbows
- Perform hand hygiene

**Fitting gown**
- Put on the gown so that your front and arms are fully covered and gown opening is at the back
- Fasten ties at the neck and at the back

**Apply and fit mask – surgical mask for droplet precautions**
- Metal band fitted across bridge of nose

**PFR for airborne precaution**
- If PFR required (N95/P2) perform fit check

**Fitting goggles or face shield**
- Position goggles over eyes or face shield over face
- Adjust if necessary

**Hand hygiene**
- Perform hand hygiene

**Fit gloves over cuff of gown**
- Fit gloves, adjusting at the cuffs

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**Doffing PPE**  
(remove gown and gloves at doorway, mask and eyewear in anteroom or outside room)

**Removing and disposing of gloves**
- Remove by gripping at cuffs
- Immediately dispose of gloves in appropriate waste
- Perform hand hygiene

**Removing and disposing of gown**
- With clean hands untie gown
- Touching only the inside of the gown, pull from neck and shoulders, then arms, turning inside out as gown is removed
- Roll gown into bundle and discard in appropriate waste
- Perform hand hygiene

**Removing and disposing of goggles/face shield**
- Remove eyewear by handling sides or back only
- Discard or reprocess with disinfectant wipes, store dry
- Perform hand hygiene

**Removing and disposing of mask**
- Remove mask by only handling at ties, then discard in appropriate waste
- Perform hand hygiene

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**Text courtesy of the Australian Government Department of Health**