

## Public Submission Cover Sheet

Please complete this sheet and submit with any attachments to the Sustainable Health Review Secretariat

### Your Personal Details

*This information will be used only for contacting you in relation to this submission*

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Organisation	
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### Publication of Submissions

*Please note all Public Submissions will be published unless otherwise selected below*

I consent to my submission being published

### Submission Guidance

You are encouraged to address the following question:

**In the context of the Sustainable Health Review Terms of Reference listed below, what is needed to develop a more sustainable, patient centred health system in WA?**

- Leveraging existing investment in Primary, Secondary and Tertiary healthcare, as well as new initiatives to improve patient centred service delivery, pathways and transition;
- The mix of services provided across the system, including gaps in service provision, sub-acute, step-down, community and other out-of-hospital services across WA to deliver care in the most appropriate setting and to maximise health outcomes and value to the public;
- Ways to encourage and drive digital innovation, the use of new technology, research and data to support patient centred care and improved performance;
- Opportunities to drive partnerships across sectors and all levels of government to reduce duplication and to deliver integrated and coordinated care;
- Ways to drive improvements in safety and quality for patients, value and financial sustainability, including cost drivers, allocative and technical efficiencies;
- The key enablers of new efficiencies and change, including, research, productivity, teaching and training, culture, leadership development, procurement and improved performance monitoring;
- Any further opportunities concerning patient centred service delivery and the sustainability of the WA health system.

### Submissions Response Field

***Please type your response into the field below. Alternatively you may provide your submissions as a separate attachment (Suggested Maximum 5 pages).***

Supporting the care for the elderly and frail in the community should be considered as one of the core focus for sustainable health.

The palliative care team in the Great Southern have been actively seeking new innovations and processes to support residential care facilities and have developed some of our own strategies and identified other services whom have been successful in strengthening relationships between hospitals, palliative care services and residential aged care facilities to support the 'slow stream hospices' in South Australia. (Peter Jenkin, Nurse Practitioner Resthaven Adelaide)

An integral part of this program is supporting trained and care staff in the management of physical, spiritual and psychological symptoms, plus access to out of hour support.

Brief summary of our work locally:

The palliative care team in the GS WACHS have been working towards some of these goals over the last few years with some noticeable improvements in patient outcomes and numbers of patients remaining in the residential care facilities for their end of life care. Our team assist in discharge planning and transition to residential care. Visiting patients regularly, providing one on one education as well as planned workshops to support all staff delegations.

The PCT have 30 – 40 active patients in RACF in Albany at any one time who are regularly reviewed, providing support/advice for their primary care providers and family members as required.

The % of 'known palliative' RACF patients dying in RACF has increased from 75% in 2005 to 90% in 2016

The feedback from the local facilities and staff have been very positive and the plan is for our team to continue this project and extend it into the regional towns multi-purpose sites (MPS).