

Public Submission Cover Sheet

Please complete this sheet and submit with any attachments to the Sustainable Health Review Secretariat

Your Personal Details

This information will be used only for contacting you in relation to this submission

Title	Mr <input type="checkbox"/> Miss <input type="checkbox"/> Mrs <input type="checkbox"/> Ms <input checked="" type="checkbox"/> Dr <input type="checkbox"/> Other <input type="checkbox"/>
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Publication of Submissions

Please note all Public Submissions will be published unless otherwise selected below

- I do not want my submission published
- I would like my submission to be published but remain anonymous

Submission Guidance

You are encouraged to address the following question:

In the context of the Sustainable Health Review Terms of Reference listed below, what is needed to develop a more sustainable, patient centred health system in WA?

- Leveraging existing investment in Primary, Secondary and Tertiary healthcare, as well as new initiatives to improve patient centred service delivery, pathways and transition;
- The mix of services provided across the system, including gaps in service provision, sub-acute, step-down, community and other out-of-hospital services across WA to deliver care in the most appropriate setting and to maximise health outcomes and value to the public;
- Ways to encourage and drive digital innovation, the use of new technology, research and data to support patient centred care and improved performance;
- Opportunities to drive partnerships across sectors and all levels of government to reduce duplication and to deliver integrated and coordinated care;
- Ways to drive improvements in safety and quality for patients, value and financial sustainability, including cost drivers, allocative and technical efficiencies;
- The key enablers of new efficiencies and change, including, research, productivity, teaching and training, culture, leadership development, procurement and improved performance monitoring;
- Any further opportunities concerning patient centred service delivery and the sustainability of the WA health system.

Submissions Response Field

Please type your response into the field below. Alternatively you may provide your submissions as a separate attachment (Suggested Maximum 5 pages).

- For regional western Australia an increase in options for accessing telehealth clinical care and consultations. Expanding from the telehealth available now at health services to access in homes. For this to effectively occur I understand there needs to be a Medicare item number created for electronic medical consultations.

- In addition, more coordination with transport, including public transport, and airlines for people from the country requiring tertiary care from hospitals and specialists based in the metropolitan and key regional centres.

- Also, in looking to strengthen and establish partnerships with other government departments to increase sustainable effective interventions in healthcare; looking to the future if more collaboration could be established between housing and health. Some chronic illnesses are exacerbated when people living in poverty have problems with secure and safe housing. By looking at the whole person, and their living environment, and not only their presenting symptoms, and then looking to intervene in those circumstances. i.e. housing that is inadequate can contribute to respiratory problems and disease. With a stronger collaboration with the public housing sector, these conditions could be minimised thus increasing the level of health for individuals living in poor housing conditions. There are examples in other countries where a prescription can include housing free from mould, damp and mildew, or, insulation. This is only one example of looking to treat a whole person, where intervening not just with a prescription for their person, but for their immediate environment will see a reduction in developing and living with chronic health conditions.

- Investment in providing access to reliable, accurate, up to date health information. Currently a great deal of medical information is accessible via google. However there is no framework for assessing if the information can be relied upon. Good health choices are more likely to occur if good information can be provided to patients and the community in general. Healthdirect appears to be the current government website. The site is difficult to navigate and it does not appear near the top of a google search when looking for health information.

- Education: Two approaches to be explored and developed. Firstly encouraging the health services workforce, including developing the roles and opportunities of nurse practitioners - particularly in regional areas. Also, promoting the option of health care workers and community support workers in health, especially for aboriginal health. The options of working in the health sector to be more widely promoted in schools, and vet courses offered in secondary education to encourage students to commence studying to work in the health sector. Secondly, whilst much of health care is subsidised or free, increasing education to the general population that good individual health and wellbeing is not free - it takes some intentional choices by each individual. Finding ways of shifting the culture of the health sector from patients 'being done to' to a more collaborative approach of 'doing with'.